

Kensington & Chelsea News

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A poster near Borough Market, floral tributes left nearby, and armed police stand guard Pictures: PA

Mayor: Londoners stand united against the 'barbaric' terrorists

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BY SHUJAU AZAM
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Londoners have vowed to show their determination and not to be cowed by the terrorists following Saturday night attacks.

The Mayor of London, Sadiq Khan, said: "As Londoners, we will stand together in solidarity to remember those who were killed or injured in this horrific terror attack. There can be no justification or excuses for these barbaric, cowardly attacks.

"By standing together as a city we will send a powerful message here and around the world that Londoners will never be cowed by terrorism.

"I want to express my deepest gratitude on behalf of all Londoners to the police and emergency services for the speed and bravery of their response. Once again they ran towards danger while encouraging others to run to safety. All Londoners are grateful for

their efforts."

The Mayor held a vigil last night to honour and remember those people killed and injured during the London Bridge terror attack.

Also the area's traders who were left devastated by the terror attack on Saturday night, when seven people were killed, showed their resolve by opening up the following night. They said would not react with fear to the attack.

The attackers were dead within eight minutes of the first 999 call to police.

They had deliberately driven their hire van at pedestrians on London Bridge then, when it was driven into a traffic light, they jumped out and began indiscriminately attacking people with knives.

Kamal Hussain, owner of The Blue Eyed Maid pub in Borough High Street, said it was important to be available for police guarding the scene

and to show that the terrorists would not win.

"I was in the pub at 10pm when people started running in," he said. "There was a lot of confusion - people shouting and crying. It was sheer panic. Everyone was really terrified. We stayed open on Sunday night and since then to make a point. We wanted to provide a service to everyone in the area, from the police to residents."

Hammersmith and Fulham council leader Stephen Cowan said: "The innocent people killed and injured come from many different countries and backgrounds but all were enjoying a Saturday night in London because it is a city where people live, work and get along together like no other place on earth.

"Those that attacked us did so because their poisonous ideology sees that as a threat to how they think the world should be. We must stand firm against them."



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Members of the Prepare for Surgery team outside the QEQM building at St Mary's Hospital.

Hospital staff to take on three peaks for charity

BY CHARLIE STONG
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A team of cancer specialists at a London hospital are to climb three of the UK's highest mountains in a single day to raise £20,000 towards a brand new patient care centre – the first of its kind in the UK.

Surgeons, dieticians and other experts at St Mary's Hospital in Paddington hope to hit the heights of Snowdon, Ben Nevis and Scafell Pike in the space of just 24 hours.

The fund-raising effort will help pay for a new centre supporting patients with cancers of the oesophagus and stomach – known as OG cancers.

It would provide a dedicated space for the hospital's award-winning Prepare team to ready patients for life-changing surgery and their subsequent recovery.

The Prepare for Surgery programme is partly funded by Imperial Health Charity and brings together health specialists from different areas of expertise to give patients the best chance of making a full recovery after surgery.

In May, the team's 10 core members were named Surgical Team of the Year at the British

Medical Journal Awards and also picked up the Patient Partnership prize.

Now they are aiming to take the programme's success to the next level by raising tens of thousands of pounds towards a dedicated care centre. It would be the first multi-disciplinary peri-operative care centre in the UK.

The team say climbing the three peaks will be a symbolic challenge, mirroring the three stages of the patient experience – preparation ('prehabilitation'), surgery and rehabilitation.

Venetia Wynter-Blyth, Nurse Consultant within the team, said: "At the heart of the programme is the idea of using the 'teachable moment' when patients are diagnosed with cancer to help them make sustainable lifestyle changes.

"We take account of the bigger picture, shifting the focus away from their illness and giving people the confidence to take control of their functional, nutritional and psychological wellbeing in preparation for surgery and recovery."

Last year Imperial Health Charity awarded a grant of almost £100,000 to develop the programme.

The money has helped to deliver personalised support for dozens

of patients before and after surgery, including physical training, psychological assessments, respiratory exercises and nutritional guidance.

The surgery itself is complex and can last up to 12 hours with a period in critical care and more than a week recovering in hospital. But the results have been hugely positive so far – patients are spending less time in hospital and experiencing fewer post-operative complications.

Krishna Moorthy, the team's consultant surgeon, said: "Our results have demonstrated a significant improvement in post-operative outcomes. Most importantly, far fewer patients now have post-operative complications like pneumonia."

The team will begin the National Three Peaks Challenge at Ben Nevis on the evening of Friday, June 30 before catching a bus through the night in time to start Scafell Pike the following morning. The climb will be rounded off at Snowdon later in the afternoon on Saturday, July 1.

They hope to raise £20,000 towards the overall cost of the new care centre. To sponsor the team see www.justgiving.com/fundraising/PREPAREfor-surgery.

Have say on how to make borough a wildlife haven

Residents have an extra few weeks to make sure they have their say on what can be done to make Hammersmith and Fulham a haven for wildlife.

The borough's biodiversity commission will work alongside the council to find ways to improve the borough for animals and plants.

The commission, comprising a concerned group of Hammersmith and Fulham residents, launched a survey seeking residents' views on what can be done by the council and individuals to improve the local environment for wildlife.

The consultation closes on Monday, 19, so be sure to have your say before then.

"We're grateful for everyone who has completed the consultation so far, but need as many residents as possible to give us their input," said Morag Carmichael, chairwoman of the biodiversity commission.

"Time is running out for many species globally, so it's imperative we act locally to preserve species, particularly those such as bees, on which much of our food supply depends."

The commission is inviting residents to have their say on ways to improve Hammersmith and Fulham for wild animals such as hedgehogs and bats, birds, butterflies, bees and plants, to help make the borough as green as possible.

You can complete the survey at <https://lbhf.citizenspace.com/insight/biodiversity-survey-2017/>.

Games help kids learn new skills

Youngsters on the Bayonne Estate in Fulham are using new, fun and exciting sports sessions to find out who's the local 'crossbar king' and 'street darts' champion.

These are just a couple of the new games already helping children and young people in Hammersmith & Fulham develop new skills, while having fun and keeping active.

The free activity sessions are being delivered on the estate's recently-refurbished play area by specialist charity pluralisation Foundation, with help from pluralisation and Hammersmith and Fulham council.

"We have currently engaged with 90 young people during our project on Bayonne estate and have introduced a wide range of exciting and new elements to a sports session using our innovative games," said Robbie Payne-Inglis, of pluralisation Foundation.

"All of our games help young people with numeracy, character building, team work, perseverance and improvement of skills using hand eye coordination and can be played individually or in groups."

You can find pluralisation Foundation on Twitter and Facebook.

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Boss is guilty after men fall to deaths

BY TOBY PORTER
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A company director has been found guilty of failing to protect his staff after two of them died trying to rope a sofa into a house via a first-floor window.

Martin Gutaj, 44, of Ferry Lane, Brentford, and his company Martinisation London Limited were found guilty at the Old Bailey on Friday, May 19 of failing to undertake an adequate risk assessment and offer training to two construction workers who fell to their deaths.

Gutaj was found guilty of two counts of failure to discharge a duty to ensure the health, safety and welfare of employees, contrary to section 33 (1) and section 71 (1) of the Health and Safety at Work Act 1974.

Martinisation London Limited was found guilty of two counts of corporate manslaughter, contrary to section 1 (1) of the Corporation Manslaughter and Corporate Homicide Act 2007 and two counts of failure to discharge a duty to ensure the health, safety and welfare of employees, contrary to section 33 (1) and section 71 (1) of the Health and Safety at Work Act 1974.

Gutaj was bailed to appear at the same court on Friday, July 7 for sentencing.

The court heard how on November 21, 2014, Tomasz Procko, 22 and Kyrol Szymanski, 29 – both Polish nationals – went to work that day and never returned home.

The men were working at a construction site in Cadogan Square run by Gutaj's company.

The square in Chelsea was once home to England football manager Sven-Goran Eriksson and former Chelsea and now Manchester United manager Jose Mourinho.

During the course of the day the men were asked to perform a lifting operation at height without supervision and the requisite training.

The victims were not provided with a plan, method statement or risk assessment prior to the task being undertaken, thereby exposing them to the risk of serious harm.

The idea was for the workmen to use a rope to haul a sofa over a balustrade and into a first floor apartment.

Advice from an experienced and reputable lifting company on how to carry out the process safely was ignored due to time and

budgetary constraints.

Both workmen fell after railings on the balcony gave way whilst the furniture was being manoeuvred into premises.

Police were called shortly after 10am and officers, paramedics and London's Air Ambulance attended.

Tomasz Procko was pronounced dead at the scene.

Kyrol Szymanski was taken to a central London hospital in a critical condition, where he later died.

Detective Sergeant Simon Rogers, from the Homicide and Major Crime Command, said: "Tomasz Procko and Kyrol Szymanski fell to their deaths during the lifting operation which was entirely foreseeable and avoidable.

"Martinisation London Limited and the operation director Martin Gutaj failed in their duty of care to protect the men.

"This was a complex investigation led by the Metropolitan Police Service who worked closely with Heath and Safety Executives over a 30-month period.

"We hope that the verdicts offer some comfort to the bereaved families who have continued to support the investigation throughout."



Alyosha holds his nerve to take prize in tactical battle

An 11-year-old Kensington birthday boy has beaten off stiff competition from world-wide challengers to be crowned winner of the 2017 Match Attax World Championships.

Alyosha Mikhaylov, pictured, battled it out in a game of Match Attax against six other world finalists at the Grand Final of the 2017 Match Attax World Championships, which took place at

the Chelsea's football stadium, Stamford Bridge.

Alyosha had earlier in the year succeeded in winning the regional London event at the Match Attax Swap & Play Tour.

Match Attax is a stat-based game of skills and tactics which aims to help with the development of patience, persistence and dedication in aspiring young players.

Alyosha said: "Collecting Match Attax has been my favourite hobby for a few years. To be able to call myself a Match Attax World Champion means the world to me. The final took place on my 11th birthday and winning the competition made the greatest present ever. My friends are really happy and hope to get involved next year."

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Stroke survivor charity set to expand services

A charity helping stroke survivors get their lives back on track is set to expand its services across three London hospitals and introduce a new interactive programme for elderly survivors after receiving a £69,500 grant.

The City of London Corporation's charitable funder, City Bridge Trust, has given £69,500 to InterAct Stroke Support, based in Westminster, to provide more support services to stroke survivors across London.

The funding will go towards providing one-to-one live readings with professional actors to stroke survivors on a regular basis in Charing Cross (Hammersmith and Fulham), Claypolds (Hounslow) and King's College Hospital (Lambeth) in a bid to relieve boredom and isolation, attempt to stimulate memory and language recall and boost psychological wellbeing.

It will also fund an annual 10-day interactive workshop programme for elderly stroke survivors who have just left hospital.

The grant is expected to benefit 1,920 Londoners.

Alison Gowman, chairwoman of the City of London Corporation's City Bridge Trust committee, said: "Feedback from users, clinicians and evidence from research indicate that the readings alleviate depression, enhance wellbeing and boost rehabilitation outcomes."

"The programme will enable more people to get the support they need to get their lives back on track both in and out of hospital after surviving a stroke."



Inspectors praised the opportunities for children to learn music and sport to a high standard at Flora Gardens

Praise for school which is 'good with outstanding features'

Inspectors have heaped praise on Flora Gardens after staff transformed the once struggling Hammersmith primary school.

Headteacher Sam Naismith said the school, in Dalling Road, was rated as 'requires improvement' last time Ofsted paid a visit in March 2015.

At the time, Mr Naismith had been in post for just three weeks.

Inspectors said there was a lot of work to do but were pleased to see

the difference Mr Naismith and his team had made and saw it was going in the right direction.

Two years later and inspectors have rated the school as 'good with outstanding features'.

They were particularly impressed with the pupils' personal development, behaviour and welfare. They said a particular success story is the achievement of disadvantaged pupils.

Ofsted inspectors were particularly

impressed with the pupils' personal development, behaviour and welfare.

And parents and teachers alike have been delighted with the change.

A previous high level of staff turnover meant about 65 per cent were supply teachers when the school was last inspected. None have left this year.

Inspectors praised the governors, saying they "effectively hold leaders (management) to account for the im-

proved quality of education".

They added that governors "play an important part in securing good quality teaching" and ensure funding is used well to help disadvantaged children and those with additional needs.

Inspectors highlighted the opportunities for children to learn music and sport to a high standard – something else Mr Naismith is particularly proud of. It includes hiring a full-time PE teacher and working with musicians

from Wigmore Hall..

They were also impressed with the range of lunchtime and after-school clubs which have gone from just one to a total of 18.

More and more parents have been enrolling their children and pupil numbers have risen from 180 to 220 since 2015.

"Parents have seen the change and are voting with their feet," said Mr Naismith.

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The general election will take place on Thursday

Who will get your vote at ballot box?

BY SHUJAU AZAM
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The opinion polls are more volatile than John McEnroe after a bad line call.

But the general election campaign has certainly caught fire in the past week, as the Conservatives' seemingly unassailable lead has shrunk.

The state of the NHS, housing and schools – where there are fears of hundreds of teacher losses – are all hot topics on doorsteps.

And the debate over social care, where Theresa May has had to perform a U-turn, will

weigh particularly heavily on the minds of our ageing population.

Now is your chance to have your say on the future direction of the country as it prepares to leave the EU.

And here we list the candidates in our constituencies and the parties they will be hoping you vote for.

Chelsea and Fulham constituency: Bill Cashmore (Green), Alan De'Ath (Labour), Greg Hands (Conservative), Louise Rowntree (Liberal Democrat), Alasdair Seton-Marsden (UKIP).

Hammersmith constituency: Jack Bovill (UKIP), Charlie

Dewhirst (Conservative), Jagdeep Singh Hauzaree (Independent), Alex Horn (Green), Joyce Wangui Onstad (Liberal Democrat), Andy Slaughter (Labour).

Kensington constituency: Victoria Borwick (Conservative), Emma Dent Coad (Labour), John Robert Lloyd (Alliance for Green Socialism), Peter Charles Christopher Marshall (Independent), Annabel Mullin (Liberal Democrat), Jennifer Dunham Nadel (Green), James William Torrance (Independent).

Polling stations will be open from 7am until 10pm on Thursday.

Police wear cameras to help case against crooks

BY SHUJAU AZAM
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Police officers from Hammersmith and Fulham have taken to the streets wearing Body Worn Video (BWV).

Volunteer Police Cadets (VPC) have assisted with the ongoing roll-out of cameras and were on hand to personally issue BWV accessory packs to around 400 front line officers and Police Community Support Officers (PCSOs).

Additional cameras will also be available for specialist departments.

The cadets have been an ongoing support to the BWV Project Team, who are responsible for the roll-out of 22,000 BWV kits.

For the past six months the cadets have been assisting the project team by loading BWV accessory packs with useful tools for each officer.

Inside the packs, officers can find literature for handing out to the public, a BWV aide memoire, a spare Klick-fast docking device, which enables officers to attach the BWV to their clothing, and headsets to listen to stored footage.

The cameras have already shown they can help bring speedier justice for victims.

They have proved particularly successful in domestic abuse cases, where there has been an increase in earlier guilty pleas from offenders who know their actions have been recorded.

BWV will offer greater transparency for those in front of the camera as well as those behind it.

Londoners can feel reassured during their interactions with the police, whilst BWV will also help officers gather evidence and demonstrate their professionalism in the face of the many challenges involved in policing the capital.

All footage recorded on BWV is subject to legal safeguards and guidance. The footage from the camera is automatically uploaded to secure servers once the device has been docked and flagged for use as evidence at court or in other proceedings.

Video not retained as evidence or for a policing purpose is automatically deleted within 31 days. If the public wish to view footage taken of them they can request, in writing, to obtain it under freedom of information and data protection laws.

The request must be within 31 days of the incident unless it has been marked as police evidence and therefore retained.

The cameras are worn attached to the officer's uniform and do not permanently record. This ensures interactions with the public are not unnecessarily impeded.

Members of the public are told as soon as practical that they are being recorded.

When the camera is recording, it is highly visible with a flashing red circle in the centre of the camera and a frequent beeping noise when it is activated.

Hammersmith and Fulham borough commander, Chief Superintendent Gideon Springer, said: "Body Worn Video is an exciting new tool for the borough.



From left, Volunteer Police Cadets Pablo Evans, Annie Lewis, Angela Valley and Annaleighsha Francis.

"It will make a genuine difference to the work carried out by the front line officers in Hammersmith and Fulham. It will capture images at a scene that can then be presented to court, assisting courts in making informed decisions on convictions and sentencing. The use of BWV in other parts of the Metropolitan Police Service has been shown to reduce confrontation and complaints against police officers.

"It is vital that the communities of Hammersmith and Fulham have confidence in my officers' ability to support victims of crime. I know that the use of this technology will

enhance this by directly recording criminal behaviour and the consequences that it has.

"The data that is downloaded by the camera will be dealt with in a secure, systematic and professional manner.

"The accompanying software is of an excellent quality and importantly is linked to our existing procedures for the management of evidence with an accountable chain."



Couple tie the knot at library

The first couple to get married at Fulham Library have said they were delighted with the new venue.

Emma Saunders tied the knot with her husband Toby, pictured above, at the Grade II-listed building recently.

"It was brilliant, a really nice space, with all the flowers, all my friends, it was just fabulous," said Emma.

"We were able to decorate it ourselves and the registry office staff were really helpful.

"It was spot on, exactly how we wanted it to be. It was a bit different and everyone was impressed."

They booked Fulham library, in Fulham Road, after looking at a host of other locations. The couple live in south London but have family in Fulham.

Built in 1908, the library's main hall has space for up to 120 guests. It has well-maintained features, such as original wooden book cabinets, which can provide the perfect backdrop for photographs.

The library – which is situated close to Parsons Green Tube station – is easily accessible by public transport and by car.

Emma and Toby got married in April and have recently returned from their honeymoon in Bali.



Chance to sneak a peak at gardens

The hidden charms of some of the borough's private green spaces are waiting to be explored during London's upcoming Open Garden Squares Weekend.

Celebrating its 20th anniversary this year, the annual event is a chance to delve into the capital's se-

cret or lesser known garden squares.

Garden explorers can discover more about the nine green spaces in Hammersmith & Fulham taking part during the weekend of June 17 and 18, or head farther afield to check out more than 200 sites across

the capital.

Among the gardens that will be getting involved are Fulham Palace, where the Walled Garden will be open with four special guided tours planned, and the allotments next door, hosting tours, refreshments and a plant stall.

Meanwhile, the All Saints Vicarage garden, in Fulham High Street, has mature trees galore and a wildlife area.

To find out more about Open Garden Squares Weekend, or to book tickets, visit www.open-squares.org.

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**Cllr Nick Paget-Brown,
Leader of Kensington &
Chelsea council**

The 1973 romantic drama *The Way We Were* is perhaps best remembered these days for its hugely successful theme tune sung by Barbara Streisand who also starred in the film. But the film itself was a big hit and remains a fascinating piece of cinema, for all sorts of reasons.

It tells the story of an American couple through the turmoil of war and then McCarthyism.

The co-star is Robert Redford who plays Hubbell Gardner, a handsome and privileged WASP for whom everything is effortless.

Streisand is terrific as a New Yorker with intense political preferences, a role that maybe, just maybe, she was born to play.

Hubbell Gardner is a cool type who doesn't do intensity, and Streisand is Katie Morosky, a relentless cause-monger and committed activist.

They are opposites, but as everyone knows,

opposites attract, at least for a while.

Morosky is something of a political archetype. What she wants is "passionate intensity" and revolution.

She constantly brandishes her own flawlessly radical opinions while berating others for not sharing them, much to the embarrassment of Hubbell Garner.

And when her political heart-throb – Stalin – turns out to be something of a disappointment, there is no lingering shame or embarrassment; she simply transfers her affections to the latest new cause.

Her type is alive and well today and they are probably right now concluding that perhaps it's time to take down their posters of Hugo Chavez.

Which brings me to the general election on Thursday.

In Kensington, the contest is between Victoria Borwick and Labour councillor Emma Dent Coad.

In Emma world we Tories are pitiless and selfish.

All she could find to say about our new £30 million leisure centre in North Kensington was that it was destined to be a "voyeur's paradise", because it is made of glass.

And when it came to our new £30 million secondary school her protest was that it should have been built on a better site, though I never managed to pin her down on where that site was.

And on our extensive regeneration plans to replace ageing estates, build new homes and improve North Kensington, she seems to think what we are really about is something called "social cleansing" though no subjects of this cleansing are ever produced. Quite why she says these things I don't know.

My strong hope is that the electorate, both locally and nationally, will soon deliver a very hefty dose of reality.

But let me get back to the film. It really is very good, but spoiler alert, Katie Morosky gets dumped.

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Get a grip on business rates

The Federation of Small Businesses (FSB) is concerned about the uncertainty surrounding the business rates relief initiatives promised to small firms in London at the Spring budget.

Small businesses were given a cast iron guarantee that the general election would not delay implementation of rates relief initiatives. The £300m hardship fund for councils promised by the Chancellor and Communities Secretary in the budget was a significant win that FSB fought hard to achieve.

Over one third of that funding was promised for London boroughs.

Every London borough has known its fund allocation since April, so they should not be chasing small business owners for inflated bills as they have not got round to devising their distribution schemes. FSB calls on the Government to issue

guidance to local authorities that puts a moratorium on pursuing small businesses for these incorrect bills – which would need to be refunded as soon as a local authority gets its house in order.

The first order of business for the Communities Secretary in the next Government should be to get a grip and make sure the promised help is delivered in the first month of office.

Mike Cherry
National chairman
Federation of Small Businesses

Young people have their say

Many young people are turned off by modern politics. In turn, some politicians can disregard young people's needs as they are less likely to vote. And so the vicious cycle continues.

Straight after the EU referendum, pollsters said that just 36 per cent of people aged 18 to 24 turned out to

vote, and a collective finger was pointed at a generation for not bothering to have their say. But we now know, thanks to research by the London School of Economics, that the turnout was actually 64 per cent.

The Brexit vote showed that young people who have grown up as EU citizens felt strongly enough to visit the ballot box, and the obvious question is whether the result would have been the same if 16 and 17-year-olds had been allowed to have their say. At Barnardo's we support the lowering of the voting age to 16 in Westminster elections to ensure greater representation of young people at a national level.

With yet another vote looming on June 8, young people have another chance to influence national politics – including the 750,000 British teenagers who were too young to vote in last year's referendum.

Young people all around us are shaking off the labels the older generation have given them and proving that

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your letters



In July 2017, the Royal Academy will present **Second Nature: The Art of Charles Tunnicliffe RA** in the Academy's Tennant Gallery. One of the best-known wildlife artists of the 20th century and an accomplished print-maker, Tunnicliffe won acclaim for his naturalistic depictions of birds and other wildlife. His subjects were meticulously observed but always depicted as a living part of the natural world, never as specimens.

Cllr Stephen Cowan, Leader of Hammersmith and Fulham council



Sunday, May 22 was the three-year anniversary of the council elections in which local people voted to give the job of running our borough to my fellow Hammersmith and Fulham Labour councillors and me.

People voted for us from across a wide variety of political persuasions. My colleagues and I have always remained grateful to all of them and absolutely determined to make our residents proud.

There's much we've done, which I'll report on over the coming weeks.

Here's a report on what we're doing to modernise the council and put more money back in our residents' pockets.

Over the last six months, the *Mail on Sunday*, *BBC Radio 4's Today Programme*, *The Evening Standard*, *The Sunday Times* and a host of other media have all reported that Hammersmith and Fulham's Labour administration runs the only council in the country to abolish charges for adult social Care, while being one of the only councils in the UK to freeze council tax this year.

The Daily Politics programme reported that we're the only council in the country to offer our residents better value now than we did 20 years ago. In fact: we are the

only administration in London to cut council tax this electoral term; we've frozen parking charges for each of the three years we've been in office; and have cut 85 per cent of all the council's charges for our residents.

Unlike our predecessors we do not enjoy a generous government council tax freeze grant because that was abolished two years ago. Indeed, over the past two years, the government has actually urged us to raise council tax by a total 7.75 per cent – we respectfully ignored their advice and kept our residents' bills low.

So how have we been able to do all of this?

We came into office with a critical view that local government was a long way off where it needed to be if our residents were to favourably compare their council with the very best organisations in the world. And the world has moved on: compared to even 10 years ago, people socialise differently and buy products and services differently.

The most effective organisations use big data to better predict demand and they re-engineer and contentiously improve services to make them better for their customers. But the Hammersmith and Fulham Council we inherited three years ago acted, looked and felt like an organisation from 30 years ago.

Fixing this is a work in progress, but we are making significant progress. We're cutting

62.6 million of wasteful council spending such by:

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- Closing down council magazines, removing vanity banners and other wastefulness
 - Using big data to plan services
 - Re-modelling and modernising services
 - Raising commercial revenue
 - Better procurement, negotiation and management of contracts
 - Paying off the council's debt
 - Cutting the number of council offices
 - Cutting senior management and restructuring the council, while retaining and recruiting some of the best people in local government and training and up-skilling our staff so they're empowered to do more.
- We've also taken a hard-nosed approach to negotiating with property developers – winning a record £219 million from them which we're using to do many things such as building the largest number of genuinely affordable homes in ten years and put the greatest amount of council-funded police on the streets in the borough's history.
- We think our borough has a chance at being the best place to live and work, the best place for business, and the very best council. Delivering that is what motivates my fellow Labour councillors and me.
- We remain ever grateful to all of the 22,163 people who voted for us three years ago and gave us the opportunity to do this.

they don't deserve to be called apathetic or narcissistic. In the children's sector we need to use our contact with young people to emphasise how political engagement can change lives. At Barnardo's we are helping young people tell their stories and share their experiences to influence politicians and decision-makers.

Politicians need to do more to enable young people to have a say on key issues. Failure to do this could result in more and more drifting to politics outside the establishment, which is not a sign of a healthy, representative democracy.

Lynn Gradwell
Director, Barnardo's London

Britain must unite for peace

On May 27, hundreds of children from the Ahmadiyya Muslim Youth Association (AMYA) held a minute's silence for the victims of the Manchester attacks and

walked a mile at several different sites across London and the Home Counties.

The children are raising vital funds for UK-based charity, Humanity First, which has launched the Classroom Transformation Project in low income countries under their Knowledge for Life programme.

A total of £8,000 has been raised so far.

Adam Walker, vice-president of the Ahmadiyya Muslim Youth Association, said: "Given the tragic attacks in Manchester, we feel that it is vital for all of Britain to unite under the banner of peace and unity."

"This walk is also a symbolic way for the children to show that true Islam seeks only to help the vulnerable."

"The Holy Prophet Muhammad (peace be upon him) has taught us that loyalty to your country is part of your faith."

To donate visit www.justgiving.com and search for Mercy4Mankind.

Ahmadiyya Muslim Youth Association



Seven projects exploring the future of food were showcased in a **White City** exhibition over the weekend. Students from the **Royal College of Art** in Wood Lane presented bio solutions to food issues facing the planet – including a remarkable scheme to boost bee populations with a little help from their winged friends. The **BioDesign Challenge**, the inaugural exhibition by the college at its new west London site, will see one chosen winner representing the UK at an international summit in New York at the end of the month.

Firm marks 10 years of yoga

A boutique yoga centre founded by childhood friends in Fulham is celebrating its 10th year of keeping SW6 flexible.

The Power Yoga Company (PYC) in Parsons Green was founded by Amelie Uteza and Marie-Laure Desire in April 2007 in a tiny rented room with space for just seven yoga mats.

A decade later and the PYC now has its own dedicated two-storey centre, and offers more than 90 classes each week.

Tucked away in residential Lettice Street, between Fulham Road and New Kings Road, the inconspicuous centre could be hard to spot, except for the steady stream of people passing through its door.

And with regular workshops, teacher training, a yoga boutique shop and even its own fresh juice bar, what's the secret behind the Power Yoga Company?

"In 10 years, there has been an explosion in the number of yoga studios in London," explains Amelie, who grew up in France with best friend Marie-Laure. "But the demand still goes up."

To find out more about the Power Yoga Company, visit www.thepoweryogaco.com or call 020 7736 4429.



Barons Court Project bucket-shakers helped raise more than £2,500. Below, Diego Costa scores in Chelsea's 3-0 win over Middlesbrough.

Chelsea thanked for helping charity raise £2,500 for homeless

BY CHARLIE STONG
charlie.stong@slp.co.uk

Chelsea Football club has been thanked for helping charity The Barons Court Project, which works with people who are homeless or living with mental health problems.

The Barons Court Project won a vote of 20 charities to hold a match day collection at Chelsea's game against Middlesbrough on Monday, May 8. This was no mean feat as all the causes were worthy and they were up against large charities.

However with the support

of the local community, who got behind the vote, they were able to win the chance to hold the collection.

Project director Michael Angus said: "I am delighted that the Barons Court Project won this opportunity. As a local Hammersmith and Fulham charity it was great to be able not only to collect money but raise awareness of our work in the local community.

"We were thrilled by the response of the fans, from both teams and on the evening we raised £2,519.91.

"This is a great achievement and makes a huge dif-

ference, to a small charity, with big ambitions to serve the community in greater ways."

The money will be used to help cover the costs of drop-in activities where people who are homeless can have a shower, do their laundry and get a meal and where they have a full programme of activities for people to join in with.

A spokesman for the charity said: "We are very grateful to Chelsea Football Club, the people who voted for us and all who volunteered to collect and donated at the game. Thank you."



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Kensal Library	20 Golborne Road		W10 5PF
North Kensington Library	108 Ladbroke Grove	Kensington	W11 1PZ
Brompton Library	210 Old Brompton Road	London	SW5 0BS
The Tabernacle, Notting Hill	35 Powis Square	Notting Hill	W11 2AY
Chelsea Library	Chelsea Old Town Hall	Chelsea	SW3 5EZ
Chelsea Sports Centre	Chelsea Manor Street	Chelsea	SW3 5PL
Portobello Rd Market Office	72 Tavistock Road		W11 1AN
Tesco Metro	114-120 Notting Hill Gate	Notting Hill	W11 3QE
Sainsbury's Store	Ladbroke Grove		W10 5AA
Tesco Metro	224-226 Portobello Road	Notting Hill	W11 1LJ
Co-op Store	210-212 Earls Court Road	Kensington	SW5 9QB

Fulham Chronicle pick up points		
Fulham Library	598 Fulham Road	SW6 5NX
Avonmore Lib. & Neighbourhood Ctr	North End Crescent	W14 8TG
Fulham Good Neighbours	70 Rosalind Road	SW6 7QT

Hammersmith CHRONICLE pick up points		
The Grove Neighbourhood Centre	7 Bradmore Park Road	Hammersmith W6 0DT
Hammersmith Library	Shepherd's Bush Road	W6 7AT


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Jewellery firm receives award from Queen

A jewellery company set up by a Fulham mum-of-four has been recognised with a business award from the Queen.

Merci Maman founder Beatrice de Montille is set to meet Her Majesty in July when she receives the Queen's Award for Enterprise in person.

"We are so honoured to receive this award and to be recognised by the Queen for our International Trade strategy," said French-born Beatrice, who set up the personalised jewellery company from her kitchen table in Heathmans Road a decade ago.

Now, Merci Maman – which translates as Thank you, Mum – employs 22 people in London, and another three in Paris.

The business stood out in the Queen's Award for Enterprise because of its growth in overseas earnings from zero to almost 35 per cent in the space of three years.

And it's not just its international popularity that has had an impressive upsurge: Merci Maman's delicate silver, gold and rose gold designs have been spotted on a host of famous faces.

The Duchess of Cambridge wears a Merci Maman necklace engraved with her son Prince George's name – which was given to her by her sister Pippa Middleton – and the hand-engraved jewellery has also been worn by Autumn Phillips, Carla Bruni Sarkozy, Isabella Branson and Katie Piper.

Merci Maman employs 22 people in London, and another three in Paris.



Entertainers at 2016's Unity Day event

Entertainers get ready to celebrate unity

Entertainers are lining up to perform at this year's Unity Day to help celebrate Hammersmith & Fulham's diversity.

The event, on Sunday, will begin with a march from Shepherd's Bush Green to Ravenscourt Park where performers and speakers will take the stage.

It follows last year's event which

saw thousands march against a rise in reported hate crime.

"Last year's march and celebration of our diversity was so popular we decided to make it an annual event," said Hammersmith and Fulham Mayor, Cllr Michael Cartwright.

"Whether you were born in Hammersmith and Fulham or

moved here from overseas, why not join us and help us celebrate the many different cultures which make up our borough?"

Like last year, marchers will gather on Shepherd's Bush Green before setting off down Goldhawk Road at 11am.

The route will take them down through Hammersmith before they

arrive at Ravenscourt Park.

They will then be treated to speakers from community groups and performers from around the world.

Highlights will include African band Taxi Pata Pata, Turkish musician and singer Djanan Turan and her band The Mangrove Steel Band, Albert and Friends Instant

Circus, street dancing by the Scariofunk Collective and puppet making workshops by Puppets with Guts.

The event is the finale of the borough's annual HF ArtsFest, which is backed by the council. More than 200 events will be taking place between Friday, 2 and Sunday, June 11.

Capability Brown back home

Capability Brown once more gazes across a beloved stretch of the Thames after a statue commemorating the influential landscape designer was unveiled in Hammersmith.

Lancelot 'Capability' Brown is one of Britain's best known and most influential landscape designers, responsible for creating some of the most impressive and inspiring grounds in the UK, including those at Syon House, in nearby Brentford.

The statue was unveiled to mark 300 years since his birth at its riverside location in Distillery Wharf, near Chancellors Road, where he lived with his wife for 13 years.

The statue was paid for through a fund-raising campaign, led by the Hammersmith Society.

"Capability Brown was without challenge England's greatest landscape designer," said Richard Jackson, of the Hammersmith Society.

"Following the national celebrations for the tercentenary of his birth in 2016, the Hammersmith Society agreed to support a campaign to commission a statue to be sited by the river in Hammersmith, close to where he lived with his family, for 13 years.

"It was during this time

that he designed his greatest landscapes, including Blenheim, Petworth, Chatsworth, Burghley and Alnwick."

Capability Brown worked on more than 250 estates across England and Wales, covering around 200 square miles. His aim was often to create landscapes that although man-made, looked natural.

Many of Brown's landscapes are owned by the National Trust and can still be visited, explored and enjoyed today.

Among them, they include Stowe in Buckinghamshire, Petworth in West Sussex, Croome in Worcestershire, the Ashridge Estate in Hertfordshire, the Wimpole Estate in Cambridgeshire and Dinefwr in Carmarthenshire.

In 1764 Brown left Hammersmith when he was appointed royal gardener for Hampton Court by King George III and moved into the palace grounds.

To find out more about Capability Brown's tercentenary celebrations, visit www.capabilitybrown.org.

And for more information on the statue, visit www.capabilitybrownstatue.org.



Richard Jackson, of the Hammersmith Society, with sculptor Laury Dizengremel



Drone pilot Adam Bailey (left) with Cllr Lisa Homan. Above, Adam flies the drone

Drones surveying homes

Hammersmith and Fulham council has begun using drones to help survey its homes and identify repairs.

Working with surveying company MLCS3, the council's repairs and maintenance contractor Mitie launched the drone flights to help spot problems with buildings faster. This should save the council money in the long-term, as

well as improve services for tenants and leaseholders.

"Using drones is just one way of improving our customer service to residents and spotting repairs more quickly and more cheaply," said Cllr Lisa Homan, the council's cabinet member for housing.

"These drones are light, agile and impressive to watch. They will also save us a signif-

icant amount of money – which means we can spend more on the repair and maintenance of our homes."

The drones are most often used in place of ugly and expensive scaffolding. Over the past few months the council, with the support of the residents' repairs working group, has used drones to help complete external surveys on

properties at Burne Jones House on the Lytton Estate in West Kensington and Shepherds Court in Shepherd's Bush.

Drones are operated by specially trained 'pilots' who can use the machines to record high-quality images and films of building exteriors, allowing the council to safely survey the properties from

the ground for the first time.

Once the drone is in the air, a surveying of a building takes just 30 minutes – compared to the days or weeks it would take using traditional scaffolding to complete inspections.

"They are faster, cheaper and safer. What's not to like?," added Cllr Homan.

Be car club member for a year – for free

A new car club allowing Hammersmith and Fulham residents to be the first in London to drive cars with zero exhaust emissions launches next week in Lyric Square, Hammersmith.

The launch of Bluecity, at the council's 'eco fair' will take place on Monday, from 11am until 2pm.

Hammersmith and Fulham residents who sign up to Bluecity at the fair will be able to enjoy a year's membership and 20 hours of driving – for free.

Bluecity is an electric car club where you can pick up a car from any local charging point. The council will have a network of 150 on-street electric vehicle charging points by the end of this summer. Car club members can pick up or leave their car at these, or those in other London boroughs.

If you live and work in Hammersmith and Fulham, you can pick up a voucher with details for the offer during the eco fair. Alternatively, you can subscribe online at https://membership.blue-city.co.uk/subscribe/fill_profile/ and use the code 'EARLYBIRD'.

The deal entitles you to a year's free membership (usually £5 per month) and 20 hours of driving (usually 17p per minute – minimum charge of £3.40).

Users can reserve a vehicle 30-minutes in advance and can leave it in any compatible charging bay in the 17 London boroughs who are signed up to Source London.

For more see visit www.blue-city.co.uk.



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Why did I think I could train a dog if I can't actually train my children properly?

I know I have brought them up badly. They don't tidy up after themselves, their rooms are a mess, they never offer to help with washing up, they throw their bags and coats on the floor the minute they come through the front door.

They are starting to mumble at people when they talk, they have little in the way of table manners or being polite and courteous. I could go on, but I have had an exasperating weekend of being the nagging mum trying to instil some order into my children's lives.

Does that make me a bad mother? My children aren't bad, they just lack a lot of

things. Like common sense for instance. Which I guess is a major factor.

But I don't blame them, I blame myself for not being stricter, not sticking to routines and not being methodical in my rules. Also doing everything for them instead of letting them do it.

Personally, as a parent I can't help thinking that I have failed miserably and now trying to reprogram the way they work is not easy and always ends with arguments.

So what on Earth was I thinking when I agreed to bring a puppy home?

I know that originally the idea was that it would stop the boys arguing and give them something to care for, take a bit of responsibility and get them out and about in the local park.

Well, currently it's not quite working out as I end up shout-

ing at the boys because, as Sparky is not allowed out until his second jabs, he's still stuck in our back garden for the time being.

So I still have to tear the boys away from their gadgets to play with him. They don't do it voluntarily. The boys still argue but now it's about who is going to go and play with Sparky or pick up his poo.

Now let's move on to Sparky. A gorgeous labrador puppy who has settled in quite well into our chaotic home.

However, this week I have been woken up every morning (OK, I volunteered to sleep downstairs next door to him) at 4am ready to open the back door and let him out to do his business.

So there I stood at 4am commenting on my puppy's toilet business with the entire neighbourhood.



"Well done Sparky good boy, are you going to give mummy a poo now then?" Yes, I have been calling myself mummy to a dog. However, after he has relieved himself, he doesn't want to go back to sleep, he wants to play, so I have to calm him down. This week I have spent time holding the puppy and cuddling him in my arms trying to send him off to sleep in the middle of the night.

However, it's not just cuddling him to sleep it's rocking him to sleep, thinking back to the time when the kids were babies and the way I rocked, swayed and moved them hoping it might have the same effect on a puppy as it had on a

baby. I even ended up singing him a lullaby.

After a visit to the vets last week, as I was worried that his poo wasn't the right colour or consistency, the vet has said to feed him on plain rice and chicken, great, an extra thing to have to do. It's not enough any more to put his food into a bowl, now I have to cook special food for him.

He is beginning to own us. He also sleeps on the couch, refusing to go into his crate. He picks up shoes and surrounds himself on the sofa with them.

He has also dragged his toys and cuddly bears there as well and has made himself

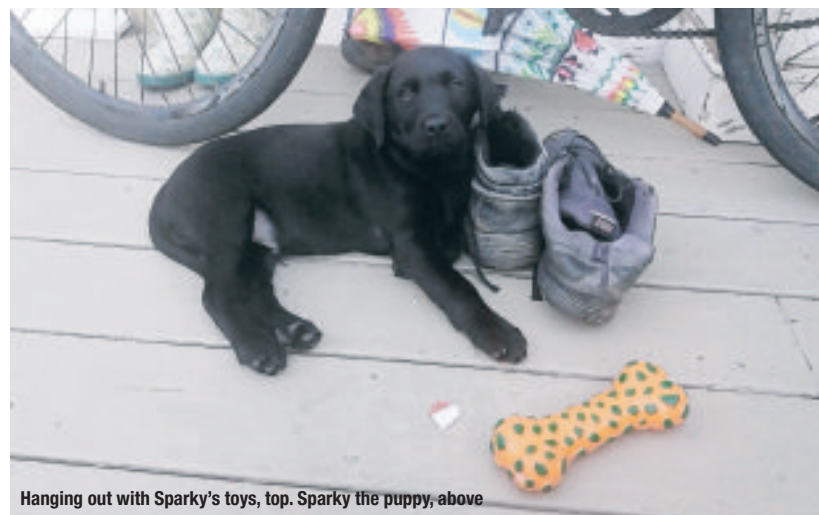
well and truly at home.

When one of us tries to sit down on the sofa he nips us and doesn't stop until we have removed ourselves from his claimed area.

Another thing, as his bladder control is non-existent, he just goes wherever he is standing at the time. It's turning into a nightmare.

I have no control over this dog, just like I have no control over my children. They are all ganging up on me and are controlling me.

I need to seriously come up with some solutions to sort all of them out quickly this week. At least I should be grateful that the kids are toilet trained.



Hanging out with Sparky's toys, top. Sparky the puppy, above

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catherine arnold



Around 90 per cent of the people who see me for nutritional support have health issues which are made worse, or even driven by stress. Many of them don't even realise how stressed they are until we do a test to measure their cortisol levels (the body's stress hormone) and their adrenal gland function (the gland which produces cortisol).

We live in an age where stress is the norm. With high expectations of ourselves and others, we strive to be outstanding students, the best parents, shoot for the top in our career, create first rate homes, and aim for perfect relationships. For others, it's an all-consuming battle just to make ends meet.

Traumatic experiences such as accidents, divorce, bereavement, or abuse can be the trigger for disease.

During consultations with my clients we sometimes do a timeline of their health and discover certain stressful life events coincide with the start of their poor health.

Electrical devices are the most chronic daily strain on the nervous system. Research shows our internet addiction may impair brain structure and function especially in areas of the brain responsible for emotional processing, decision-making and cognitive control.

Daily, low-level stressors like these can leave our nervous system constantly switched on, running high levels of cortisol over long periods of time. This causes the adrenal glands to work overtime.

These grape-sized glands sit on top of the kidneys and require a constant supply of nutrients such as B vitamins, magnesium and vitamins C and E, to enable them to do their job.

However, when we are stressed our ability to nourish the body is reduced, because one of the effects of cortisol is to shut down digestion.

A stressor is a perceived threat to the body and as a result the nervous system switches into fight or flight mode. In this state we are primed to run away from danger, so the body

focuses on getting oxygen and glucose to the muscles rather than less immediately important bodily functions, such as digestion.

Our busy lifestyles often dictate that food is something to grab and eat quickly leading to a diet that is far from nourishing.

As the food we eat provides the raw materials for neurotransmitters in the brain, this affects our mood and ability to cope with stress. It also affects our anxiety levels.

While we can't always avoid stressful situations, we can support our bodies to cope better.

Here are 10 tips that might help:

1. Keep your blood sugar balanced by eating regularly and consuming protein with each meal. Skipping meals increases your levels of cortisol so even if you aren't hungry – try to eat something easy to digest like a nutritious smoothie.
2. Eat sea vegetables such as nori sheets or dulse flakes which are high in B vitamins and trace minerals supportive to the adrenal glands.

3. Try maca powder, it's an adaptogenic herb which literally means it helps your body adapt to the stressful conditions it finds itself in. Add 1 tablespoon to your morning porridge or to a smoothie.

4. Reduce or remove sugar from your diet. It depletes levels of magnesium which are essential to help you relax and counteract stress. Incidentally, cacao is high in magnesium and serotonin (a neurotransmitter associated with good mood) so a little bit of dark chocolate might even be helpful – just try not eat the whole bar!

5. Eat a wide range of brightly coloured vegetables which are high in vitamins B and C to nourish the adrenal glands.

6. Avoid caffeine – it maintains the effect of stress hormone, cortisol and it upsets blood sugar balance which exacerbates stress and causes a whole host of other health problems.

7. Feed the brain with good fats, especially oily fish such as salmon, mackerel, trout, anchovies, herrings

and sardines.

Also avocados, olives, olive oil, butter from organic grassfed milk (preferably unpasteurised), organic free range eggs, coconut oil, nuts and seeds.

8. Take steps to address the stress in your life – make adjustments where possible to alleviate the pressure you find yourself in. Small changes can, over time, have a big impact. Work / life balance is key.

9. Find a therapist who can help you navigate through the challenges life throws at you.

Talking about it and releasing the emotions, although difficult, can actually be a huge relief. Sometimes it's not enough to talk it through with friends and family.

10. Find an outlet for relaxation – preferably a practice you can do daily such as meditation, yoga, singing, dancing, walking in nature, taking a bath, whatever it is – just spending 10 minutes per day 'being in the moment' could be one of the greatest tonics to your health.




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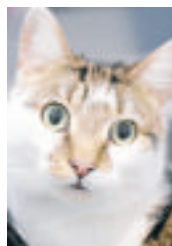
Battersea Dogs & Cats Home and the South London Press have teamed up to find new homes for some of the hundreds of animals at the pet shelter in Battersea Park Road. The charity aims

never to turn away a dog or cat in need of help. Lost dogs and cats are reunited with their owners and, where that is not possible, the shelter cares for them until homes can be found.

The rehoming fee is £135 for dogs and £75 for cats. This includes microchipping, initial vaccinations, flea and worming treatment, a collar, identification tag and lead, access to our behaviour advice line. The animal will be neutered and there will also be the option of

signing up to four weeks' free pet insurance and a starter pack of food, advice and special offers. A home visit may be required. To find out more call 020 7627 9234, email rehoming@battersea.org.uk or visit www.battersea.org.uk

Sylvester



Age: 3 years 3 months
Breed: Domestic Short-hair
Sex: Male
Reference: 357137

Sylvester is a handsome and shy boy. While it may take him a bit of time to find his feet in his new home, the process will hurry along if you can offer him a comfortable lap to curl up on. Once confident, Sylvester will greet his friends with an adorable nose bump.

Reggie



Age: 5 years
Breed: Domestic Short-hair
Sex: Male
Reference: 357230

Reggie really has to be stroked to be believed – his fur is as silky as can be. He is a sweet boy who enjoys receiving a fuss, but is also quite laid back. Reggie has settled in well in the cattery and should do so again in his new home, provided he is given space to do so at his own pace.

Randall



Age: 8 months
Breed: Lurcher;
Sex: Male
Reference: 357056

Randall is always in good spirits, bouncing around and up for a game. He is a striking boy with a gleaming coat. Randall is looking for owners who are willing to find creative ways to burn his endless energy. Randall's ideal home will be in a quiet area with lots of green space. He can live alongside older children.

Patch



Age: 1 year 7 months
Breed: Lurcher;
Sex: Male
Reference: 356989

Patch is a wonderful boy who loves human company. He is a very skilled escape artist, so a secure home with a fully fenced garden is important. Patch is lovely and affectionate with people, but should only live with children who are confident around large dogs.

Ezo



Age: 9 years
Breed: Staffordshire Bull Terrier
Sex: Female
Reference: 356380

Ezo is a sweet older lady. While she is a bit stiff on her back legs and limited to short lead walks, Ezo has a playful streak. She enjoys carrying a tennis ball or cuddly toy around with her. Ezo much prefers the company of human friends to that of other dogs.

Stanley



Age: 7 years 1 month
Breed: Staffordshire Bull Terrier
Sex: Male
Reference: 356739

Stanley loves nothing more than a fuss, and would receive it all day long if it was up to him. One look at his big brown eyes and it would be easy to oblige him. Stanley is happy to go for the occasional stroll with other dogs, but he prefers the company of people.



How do I know what type of hamster I have? What are the behaviour traits of each type?

There are many different breeds of hamster, but the most common include Syrian, Dwarf Russian and Roborovski.

Syrian hamsters are the largest breed and the most popular as pets.

They must be kept alone but can become quite tame and enjoy the company of their owners. The remaining two breeds are much smaller and can be kept in same-sex small groups or pairs. They are generally more difficult to handle due to their small size and ability to move very quickly.

I have a 10-year old collie-spaniel cross, Maya, who has always been very friendly. Recently she has started growling at my partner, and at young children in the park, although she never does this with me. I'm concerned about her behaviour, could this be due to her age?

In the short-term you should use a basket muzzle as a precaution when you take Maya for walks in public, and never leave her unsupervised with young children.

Sometimes aggression can begin later in life due to an

underlying medical condition.

Pain can also cause changes in behaviour. You should take her to your vet as soon as possible to check there are no health issues causing this behaviour. If Maya gets a clean bill of health, your vet can advise you on how to address her behaviour, which may involve referring you to an accredited pet behaviourist. For an introduction to behaviour problems in dogs you can download PDSA's free behaviour leaflet at www.pdsa.org.uk/leaflets

My five-year-old Labrador, Marley, keeps getting a strange rash on his nose; boil-like lumps keep appearing.

They don't appear to be painful and the vet prescribed antibiotics which helped, but the lumps keep coming back. Why is this?

It sounds like Marley is being treated for a skin infection, and sometimes quite long courses of antibiotics are needed to fully treat the infection.

I would recommend you take Marley back to your vet to see if further treatment is needed. The vet may feel more diagnostic tests should be done to better understand Marley's condition. These could include a skin biopsy,

where a small sample of affected skin would be taken and examined at a laboratory. Then treatment will be based on the findings.

My cat returned home with a cut on her leg recently, but this seems to be healing and she isn't limping. Do I need to take her to the vet?

You need to get your cat checked up by your vet as soon as you can, as untreated cuts and bites can lead to infection and form abscesses.

It may also be causing her pain even if she isn't limping. It's always better for an injured pet to receive treatment earlier rather than later. Once your vet has checked the wound, you can keep it clean with a weak salt solution. Use a teaspoon of salt in a pint of lukewarm water that had been previously boiled, dip a piece of cotton wool in to the solution, and squeeze it above the wound to flush it. Allow the wound to dry naturally if possible and stop your cat from licking the wound, as this can introduce infection.

VICKI LARKHAM-JONES, vet for the PDSA, answers your pet questions



The story of how a homeless man who lived on the streets with only a cat for company will be told in a fund-raising event for a charity that helps people living on the streets or those with mental health issues.

Hammersmith Town Hall will host *An Evening with James Bowen and Street cat Bob* on Friday, June 23.

The Barons Court Project, the borough's only day centre for people who are homeless or living

with mental health problems, is delighted that James Bowen is having a fundraiser for the project in the Assembly Rooms.

The event will be hosted by the Mayor of Hammersmith, Councillor Michael Cartwright, who has chosen the Barons Court Project as one of his charities for his Mayoral Year.

The Evening will be compared by Former BBC Radio 1 film critic Rhianna Dillon.

The event will have an opportunity to hear James talk about his life on

Creature Comforts

adoptapet



Lola



Age: 4 years 7 months
Breed: Staffordshire Bull Terrier
Sex: Female
Reference: 356522

Lola is longing to find a home where she can cuddle up with her human friends and have a good old snooze. She loves simply having company, but is also up for a game of tug of war or fetch. Lola hasn't had much socialisation with other dogs so it's best she finds a home without another pet.

Sinead



Age: 3 years 9 months
Breed: Greyhound
Sex: Female
Reference: 357186

Nothing compares to lovely greyhound Sinead. She is gentle and affectionate, but can be quite shy when meeting new people, and will need to be given all the time she needs to adjust to living in a home environment now her racing days are behind her.

Lucky



Age: 2 years
Breed: Mongrel
Sex: Female
Reference: 356865

Lucky is a very clever girl who is looking for a home with experienced dog owners who will continue to educate, challenge and entertain her. She is a playful and loving dog who will do absolutely anything for a biscuit, but is also happy playing with her toys and spending time in the sun.

Bishop



Age: 11 years 5 months
Breed: Staffordshire Bull Terrier
Sex: Male
Reference: 356769

Bundle of love Bishop is looking for a new home. Despite his advancing age, Bishop is a high-energy lad who enjoys a game with his toys and would benefit from finding owners who have some experience with bull breeds.

Uno



Breed: Bengal
Sex: Male
Age: 7 years
Reference: 357168

Uno is simply adorable, with a purr on him to rival a jet engine. True to the Bengal breed he is also incredibly smart and vocal, and will need lots of mental and physical stimulation in his new home. Uno will need access to his own private garden once he is settled in his new home.

Daisy



Age: 7 years
Breed: Domestic Short-hair
Sex: Female
Reference: 357225

Along with a stunning personality, dinky darling Daisy is gorgeous down to each little tick of tabby in her coat. She simply adores string toys, balls and cat nip, and is as playful as a kitten. Daisy is currently dreaming of finding a settled home without other pets or young children.



James Bowen and Bob

Meet James and his street cat Bob



the street with his cat Bob, his internationally best-selling books and the National Film Awards Best British Film 2017 *A Street Cat Named Bob*.

James will take questions from the audience.

Those who book in advance can submit a question in advance to the Barons Court Project Facebook Page. A selection of questions will be used as part of the evening.

Those attending will also hear about work of The Barons Court Project and how they help the

homeless and people living with mental health issues in Hammersmith and Fulham.

Barons Court's project director – Michael Angus says "This is a unique event to hear from James about his life, overcoming homelessness and drug addiction, and how it has changed since the books and film have made him famous. It is also a great way to support your local homelessness charity raising funds for our work in the borough."

Light refreshments will be

provided but no alcohol will be served or permitted in the event.

Tickets are non-refundable but are transferable. Please note you must print your ticket to gain entry.

Doors Open at 6.30pm for a 7.00pm start. Tickets cost: £32.45 including booking fees.

These can be brought from Eventbrite – James Bowen – June 23. Go to

www.eventbrite.co.uk/e/an-evening-with-james-bowen-and-streetcat-bob-tickets-33621154779?aff=eac2.

Capital Nights

Wash House Stories

Preview – by
Charlie Stong

The cast of Wash House Stories will feature some of the original women who used Fulham wash house during the 1960s and 1970s.



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For viewing and further information contact
Leysdown Chalet Services, 26/28 Leysdown Road, Leysdown,
Kent ME12 4RE, Tel 01795 510379

Wash House Stories pays tribute to the memories of the hundreds of local women who used Fulham wash house during the 1950s, 1960s and 1970s.

Before families could afford to have their own washing machine – a luxury good at the time – public wash houses were a necessary place for working class women.

On washday women would be seen pushing their prams and trolleys, full of blankets, sheets, towels and bedspreads, along the North End Road.

At the time, families were

large and many of the women were landladies, so they would do the washing for their families and for their lodgers.

Because it was impossible to do the 'big wash' in the sink at home, they would take it to get it washed, spun, dried and ironed at Fulham wash house, for just a few shillings.

Fulham's wash house was a women's hub, beating at the heart of the community. It was not only a place where women came together to wash and scrub, but it was also a place where they could meet each other, make friends, share their troubles, their worries and their stories during hard times.

The pop-up rehearsed play reading of Wash House Stories will feature some members of Act Your Age Drama, a local drama group for older women aged 55 plus, based at the Macbeth Centre in Macbeth Street, Hammer-smith.

The cast will also feature some of the original women who used Fulham wash house during the 1960s and 1970s.

The performances are on Saturday and Sunday at 7.30pm at the Dance Attic Studios 368 North End Road, SW6 1LY. Entrance costs £7. For tickets visit www.irishculturalcentre.co.uk. Advance booking is advisable.

Music legend to play Theatre Royal

International music legend Engelbert Humperdinck has announced a London show as part of his 50th anniversary tour, celebrating 50 years since the release of his legendary smash hit, and one of the best-selling singles of all time, *Release Me*, which debuted in 1967.

The concert, at the Theatre Royal, Drury Lane on Sunday, November 19, follows on from the release of a new album of the icon's greatest hits – *Engelbert Humperdinck: 50*, which includes two brand new tracks as well as a remix of *Release Me*, out on May 19 on Decca.

In an incredible career that has spanned more than 50 years, Engelbert Humperdinck, pictured, has sold more than 140 million records worldwide, with songs ranging from the most romantic ballads to movie theme songs, disco, rock, and even gospel.

These records have earned 64 gold

and 35 platinum albums, four Grammy Award nominations, a Golden Globe, and his own star on Hollywood's Walk of Fame.

More recently, and proving his longevity as one of popular music's best and most loved entertainers, Engelbert continues to tour worldwide, and also performed as the UK contestant in 2012's Eurovision song contest.

Celebrating these remarkable achievements, Engelbert Humperdinck will bring some of his biggest and best-loved hits to London's Theatre Royal, Drury Lane in November, including: *The Last Waltz*, *Spanish Eyes*, and of course, *Release Me*, which was the No 1 single in the UK Charts in 1967 for six weeks, and the highest selling single that year.

For tickets, priced from £37.50 visit www.ticketmaster.co.uk or www.rutlive.co.uk.



Capital Nights

**Boats
in
Bloom**
by Shujaul
Azam



A rum do down at the Jam Tree

The Jam Tree venues in Clapham and Chelsea will aim to give Londoners the laid-back feel of the Caribbean and the verve of Latin America with a new Rum Festival.

Rum is the perfect summer tippie, reminiscent of relaxed holiday boozing it whisks the drinker away to sunnier climes.

The free, month-long festival will be a summery celebration of the versatility of rum, from cocktail-friendly white rums to navy spice, with a series of events.

The festival, which runs from July 1 to 31, will feature informative tastings with industry experts, cocktail classes, a new rum-soaked summer barbecue menu, and mouth-watering rum cocktails.

For July, the venue will be bedecked in a laid-back Latin American style so that, with rum cocktail in hand, drinkers will feel as if they are on holiday in the heart of the city.

Visit www.thejamtrees.com for more information.

It's your chance to
nominate your
favourite
flower-filled boats
and towpath blooms



The Canal and River Trust is calling on people in London to take to the towpath this summer and nominate their favourite flower-filled boats as part of the first-ever national Boats in Bloom awards.

Quirky, stunning, eccentric, beautiful and edible: just some of the words to describe the blooming boats on the nation's waterways.

The waterway charity is celebrating green-fingered boaters and waterside gardeners and needs help to find the most spectacular boats in the capital.

Nominations for special prizes – including most edible boat, most flower-filled boat, and most inventive use of space, alongside categories for waterside gardens – will run through to July 31. They will be whittled down to a

shortlist by a judging panel of boating and gardening experts which will be put up for public vote to determine the nation's most spectacular blooming boats.

Sorwar Ahmed, boater liaison manager at the Canal and River Trust, said: "Take a walk along any of London's towpaths and you'll come across a boat or a garden that lifts your spirits with its beautiful blooms. With Boats in Bloom we're saying thank you to all these gardeners who bring so much pleasure to other people."

"Plants don't just look pretty – a pot of herbs or a planter full of vegetables can be a sustainable lifestyle choice, while flowers provide food for bees and butterflies. In fact there are all sorts of ways gardens bring benefits for wildlife, even if they're on the move on the roof of a boat."

"We'd love to see how boaters and waterside gardeners in London are transforming the space around them. If you have a favourite boat or towpath garden, or are especially proud of your own, please let us know. We want Boats in Bloom to raise a smile, give people ideas and maybe inspire them to try a spot of gardening, or boating, themselves."

The charity's lock keepers and other staff and volunteers, who look after 2,000 miles of waterways across England and Wales, are also presenting colourful certificates to anyone whose boat or waterside planting is putting a smile on the faces of passersby.

● To find out more about Boats in Bloom please visit www.canal-rivertrust.org.uk/boatsinbloom or check out the Twitter hashtag #boatsinbloom.

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Saturday 17th June
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Capital Nights



Night Sky

with Affelia Wibisono, astronomer at the Royal Observatory, Greenwich



The planet Jupiter

Picture by Damian Peach (highly commended image from the Insight Astronomy Photographer of the Year 2016 competition)



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SAFEST CRIME-FREE FAIRS IN LONDON.

With the days getting longer as the Summer Solstice approaches on Wednesday, June 21, stargazers will need to stay up later to allow the sky to be dark enough to reveal this month's night time jewels.

Jupiter, the king of the planets, continues to rule the night sky as it is currently the brightest planet visible from the Earth.

Look towards the south from 10.30pm to spot its un-wavering point-like light. For a closer look, use a telescope to show that Jupiter has a disc shape.

You might even catch sight of the planet's great red spot and its four largest moons.

On June 3, Jupiter appeared to be very close to the waxing gibbous Moon. Astronomers call this a conjunction.

Another planet to look for is Saturn. It will rise later than Jupiter, but Saturn should be high enough in the southern sky for planet hunters to see with the naked eye from 11.30pm.

This time a telescope may reveal its beautiful rings



and its four largest moons.

Saturn will be at its brightest on Thursday, June 15, as it will be directly opposite to the Sun in our sky.

There will also be a conjunction between Saturn and the full moon on Friday, June 9.

If you have a pair of binoculars and would like a rare chance to spot something green in the sky, look towards the south soon after sunset to find Comet C-2015 V2 (Johnson).

It will lie close to the bright star of Arcturus in the kite-shaped constellation of Boötes during the first half of June.

To find Arcturus, find the

Plough and follow the curve of the Plough's handle to the nearest bright star.

As the comet reaches its closest approach to the Sun on Monday, June 12, it will become more and more active as the heat from the Sun will cause the comet to burp, splutter and crumble, releasing gas and dust and making it easier to see.

The comet will still be visible later in the month but will drift closer to the horizon making viewing conditions less favourable.

● **Top tip for visits to the Royal Observatory Greenwich in June:**

Finding Life among the Stars
Thursday, June 29
6.30pm to 7.30pm

Where are our nearest cosmic neighbours? Amazingly, we may find out the answer in our lifetimes. Come and find out how astronomers are using telescopes large and small to look for habitable planets orbiting nearby stars. Suitable for those aged 11 and above.

Tickets cost £10 for adults, £8.50 for concessions and £7 for children.

Capital Nights

London
Wildlife
Trust



Take the 30 Days Wild Nature Challenge:

Can you go wild every day for a whole month? Take the 30 Days Wild nature challenge this June with The Wildlife Trust. Spend a few minutes, or a few hours each day enjoying nature on your doorstep – how you do it is up to you. Get a free 30 Days Wild pack – activities, wildflower seeds, chart, stickers (or download a pack without seeds). Schools can download specially-tailored packs to support teachers, including outdoor lesson plans for literacy and numeracy, activity sheets and a large pack of Random Act of Wildness cards.

Take a look outside the office window during your lunchtime and see if you can identify a wow moment with nature

A new survey of 226 people living in London reveals that city dwellers have a strong affinity for nature and think that it's important to help care for it.

But the poll also highlights a conflict. While city dwellers feel that nature is important to them, they find it hard to connect with it as much as they'd like to, and a high proportion of people want to see more nature in cities.

The survey comes at a time when we have stronger evidence than ever before that nature is good for us and makes us happy.

However, people feel increasingly disconnected from nature and that not enough is being done to ensure that the places where most people actually live and work – our cities – have thriving wildlife.

The poll results have been released as The Wildlife Trust launched its 30 Days Wild challenge running throughout June, encouraging people to commit random acts of wildness – daily connections with nature – every day for 30 days.

More than 35,000 have pledged so far, including 3,000 schools and 1,000 businesses.

Lucy McRobert, of The Wildlife Trust, said: "The poll clearly shows how much nature means to people living in cities.

"People love nature so much that a very high proportion say they are doing something to help care for it. The fact that so many adults want to see more nature in

their cities is a wake-up call to us all. It's a shame that only a fifth of city dwellers have experienced a special moment where they were amazed by wildlife they'd seen or heard in their local area recently – the beauty of wild plants and sounds of bees buzzing and birdsong should be available to us all.

"Those wow wildlife moments are all around us and 30 Days Wild is the perfect way to help you do that."

The Wildlife Trust is urging everyone to take part in the 30 Days Wild challenge and have wow moments every day during June.

Discover the urban jungle – spot gorgeous goldfinches or ferns growing out of walls.

Take action for nature by planting a mini-meadow in a window box or create a container pond!

Ms McRobert said: "The poll found that very few of us enjoy wild places at lunchtime. With the pressure on at work, it's easy to get stuck behind your desk. The 30 Days Wild has lots of ideas for helping make nature part of your work life, as well as at home – less screen time, more green time."

Among those taking the 30 Days Wild challenge this year include Amy Williams, Olympic gold medallist, TV presenter and public speaker.

She said: "I have always been passionate about wildlife and looking after the world we live in.

"I've been lucky to go on some amazing wild adventures all around the world, but my love of nature began at home.

"Some of the greatest ad-

ventures happen in your everyday life, so 30 Days Wild is perfect for me; it combines my love of being outdoors and staying active with my creative side, too. I can't wait to get involved."

Dr Alice Roberts, academic, writer and broadcaster, said: "Getting out in the natural world is good for the mind and body. Humans are meant to spend time in nature and be part of it – it's how we evolved over thousands of years. And it's not just for the weekend – it should be every single day.

"Immerse yourself in nature this June with 30 Days Wild."

Levison Wood, explorer, writer and photographer, says: "It's so important that interest in nature begins from an early age. Projects like 30 Days Wild are crucial in doing so and I wish it every success."

The impact of taking part in 30 Days Wild has been tracked by academics at the University of Derby.

Their study found that people who did something wild each day for a month, felt happier, healthier and more connected to nature, with added benefits for the natural world, too.

Dr Miles Richardson, director of psychology, who led the study, said: "The impact of 30 Days Wild adds to the compelling argument for bringing nature into our everyday lives. (Last year) two months after taking part in 30 Days Wild, there was a 30 per cent increase in the number of people who reported their health as excellent."

Elixir Festival 2017

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Property

Just four luxury homes remain available at Abell & Cleland by Berkeley Homes, representing the final opportunity for buyers to experience the understated elegance of this landmark development in the heart of Westminster.

Offering a choice of three or four bedrooms, each penthouse is set over two floors and ranges from 2,034 to 3,278 sq ft. Complemented by access to exceptional amenities, this collection of penthouses epitomises the style and splendour of its historic London location.

Each home features a terrace offering stunning views of the capital's landmarks, providing residents with an urban retreat set above the city's lights. Inside, grand entrance halls lead into the extensive living, dining and kitchen areas; the floor-to-ceiling windows ensure the space is flooded with light.

The bedrooms are complemented by custom-made walk-in wardrobes and dressing areas, while the

bath and shower rooms offer a combination of bespoke marble and walnut finishes.

Abell & Cleland is the first private residence in the UK to be officially awarded the prestigious Golden Keys Award by Les Clefs D'Or, Society of the Golden Keys; its expert concierge staff are on hand at all times.

The DoubleTree Hilton Hotel, situated adjacent to the development, provides an exclusive in-room dining service to residents and the opportunity to hire a chef for private events.

The manicured gardens at Abell & Cleland provide a tranquil escape in an otherwise metropolitan setting, while the private residents' leisure complex comprises a pool, sauna and a state-of-the-art fitness centre.

A business suite and full car valet service complete the offer.

Penthouses at Abell & Cleland start from £4.57 million. For further information or to book an appointment to visit, call 0203 813 5884 or visit.



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Orders are accepted by the Publishers subject to the Standard Conditions agreed between the Newspaper Society and the Institute of Practitioners in Advertising. Save that:

1. Advertisements are accepted on the conditions that (a) descriptions relating to goods are accurate and in no way contravene the provisions of the Trade Descriptions Act 1968, and the Fair Trading Act 1973, and (b) the copy complies with the British Code of Advertising Practice. Advertisements offering credit or hire facilities must conform to the Consumer Credit (Advertisements) Regulations 1969.

2. "Classified" Advertisers offering goods or services of a business, commercial or trade nature will, at the discretion of the Publishers, be deemed "Trade Advertisers", and as such, must include their names in advertisements. A telephone number is an optional addition to these requirements and not an alternative.

To comply with the Business Advertisements (Disclosure) Order 1977, Trade Advertisers must make it clear that they are selling goods in the course of business either by content, format, size or place of the advertisement or by including words such as "trade", "dealer", "agent", "wholesaler", "VT" etc. in the advertisement.

3. The Publishers accept no liability whatsoever for any loss or damage however caused arising out of:

(a) Any error, inaccuracy or omission in the printing or publishing of any advertisement;
(b) Any failure to publish an advertisement on the day / date or day / dates specified by the advertiser; or
(c) Any delay in forwarding or omission to forward replies to box numbers to the Advertiser.

4. The Publishers will endeavour to publish advertisements on the day / date or day / dates specified by the Advertiser but insertion days / dates cannot be guaranteed.

5. Where shrinkage of advertisement occurs for whatever reasons the advertisement will be charged to the nearest full centimetre. This will NOT apply to the full-page advertisements, which remain full pages even after shrinkage.

6. The Publishers reserve the right to reject an advertisement or to vary it in any way they deem fit, at any time before publication, whether or not the advertisement has already been accepted for publication.

7. Whilst every effort is made to minimise errors in advertisements, mistakes do sometimes occur. Advertisers or their agents should therefore check their advertisements and inform us of any errors immediately. Responsibility cannot be accepted for more than one incorrect insertion. Typographical or minor changes, which do not affect the value of the advertisement, do not qualify for republication or allowances.

8. All gross advertising rates (except classified listings and semi-displays) are subject to and include a 0.1% Advertising Standards Board of Finance surcharge, payable by the advertisers to help finance the self-regulatory control system administered by the Advertising Standards Authority.

9. All rates quoted are subject to VAT at the rate currently in force at the time the advertisement appears.

10. Should the rate for advertisements be altered the price for remaining insertions shall be revised accordingly or the publishers shall have the right to cancel the unexpired portion of the order.

11. The placing of an advertisement order will be deemed an acceptance of these conditions.

12. Account facilities are granted at the discretion of the Company.

13. All accounts must be settled within the terms agreed by the Company and the Customer.

(1) Should an advertiser be in breach of the agreed terms, the publisher shall be entitled to levy a 10% surcharge on the value of the whole debt in respect of accounts with terms of less than 30 days, and any discounts or commissions that had been allowed will be reclaimed.

(2) Regular monthly accounts that are in breach of the agreed terms will pay an interest rate of 8% above the current bank of England base rate for each month that the account is overdue and discounts or commissions that had been allowed will be reclaimed. Should legal action be required the interest will be charged in accordance with the County Court Act 1984.

14. Where an advertiser instructs / appoints an advertising agent to act on their behalf, the advertiser will remain jointly and severally liable for payment in respect of an advertisement(s) should the appointed agent fail to pay. For the avoidance of doubt, the agent acts for the advertiser and not for the publisher with the agent being responsible for notifying the advertiser of this liability.

15. All queries must be notified, preferably in writing to the accounts department of the publisher within 7 days of the invoice date.

16. All digital services are maintained in partnership with the publishers' hosting service providers. Every effort is made to ensure the continuity of these services, but some occasional technical downtime beyond the publishers control may occur. The publisher and its associated companies shall be under no liability if the production and distribution of web services is delayed or prevented by any cause beyond the control of the publisher.

17. The Publisher may provide voucher copies for published advertisements in electronic form only subject to certain criteria. Further information is available on request.

18. The copyright of advertisements produced wholly or partially by the Publishers belongs to the Publishers. Advertisers may not reproduce such advertisements without the Publishers' consent.

Box Numbers

Boxes are open for the receipt of bona fide answers and are not available for distribution of trade canvassing matter. Original testimonials, goods, cash, cash stamps or payments of any kind must not be enclosed. A box number and postal address are charged as part of the advertisement, i.e. Box No., centre address. There is no charge for forwarding replies.

Box numbers alone are not available for use in "Trade" advertisements, other than Employment and Business Opportunities.

Holiday & Travel Category

All advertising must contain the name of the advertiser, phone number alone are not permitted.

Data Protection

The service you have requested may require us to carry out a credit search of a credit-referencing agency, which will record the fact that a search has been made. We may need to share your information with other lenders and credit reference agencies. However, we will only use the information from these searches to make credit-granting decisions and, if necessary, for fraud prevention or tracing debtors.

Data controller will use your information for administration and analysis. We may share your information with other Capital Media Newspapers Ltd or carefully selected third parties. We, or they, may send you details of other goods and services, which may be of interest to you. The information may be provided by letter, telephone or other reasonable means of communication. Calls may be recorded or monitored for training purposes.

Special conditions apply with regard to the advertising of adult services, which are outlined to all persons submitting such advertisements.

YOUR LOCAL NEWSPAPER
BEST FOR NEWS, SPORT, JOBS, CARS & HOMES

Vacancies

LETTINGS OFFICER

Hamways is a residential property management company. This role is based from West Hampstead and Oxted but covers predominately properties within the SW London area. At Hamways we have approximately 70 staff and our core values guide everything that we do. We look for hard working and highly skilled individuals who are committed to providing the best service to our tenants and owners, working within a friendly, open and honest culture.

We are urgently seeking an enthusiastic and well organised person to join our busy team. Hours of work are 9am to 6pm Monday and 9:30am to 6:30pm Tuesday to Friday.

Job Summary:

- Arranging and attending viewings with prospective tenants
- Dealing with telephone and email enquiries from prospective tenants
- Property inspections
- Negotiate and process offers
- Preparation of property advertising material
- Registering applicants and all processes for references and move ins

Essential Job Skills to include:

- Full UK driving licence
- Excellent communication and organisational skills
- Professional and well presented with good attention to detail
- Experience or interest in property and the lettings process

Salary dependent on experience

Apply with CV and covering letter to Hamways Ltd, Haskell House 152 West End Lane London NW6 1SD or via e-mail to recruitment@williampears.co.uk

Closing date for applications 20th June 2017

DAY AGGREGATES

Day Aggregates is one of the most successful suppliers of primary and recycled materials to the construction industry in the South East. The business operates 16 sites across Kent, Sussex, Surrey, London, Hampshire and Dorset.

We are now recruiting for **LGV drivers** to be based at our Greenwich Depot reporting to the Fleet Manager.

Key responsibilities include the completion of daily vehicle checks, ensuring safe and timely deliveries to our customers and they will be good ambassadors for the company both on the road and on site.

The successful candidates must be eligible to work in the UK, hold a C or C + E licence and have a minimum 2 years driving experience. They should also be reliable, able to prioritise their work load and have a methodical approach.

Hours are 55 per week, Monday to Saturday.

Basic salary plus productivity bonus. 8% non contributory pension and annual bonus.

To apply please send your CV with a covering letter to HR@daygroup.co.uk. Alternatively please go to our website www.daygroup.co.uk and download the LGV Driver Application Form.



FEMALE* SUPPORT WORKER REQUIRED IN BLACKHEATH

Do you have experience and skills working with children?

If so, we are looking for a support worker to support our daughter who is 11 years old.

You will assist and enable her to access the community, facilitate play dates with friends, complete homework and go swimming.

Experience of working with children essential.

Full training will be provided

You will need a full clean driving licence and be totally reliable.

Hours: 12 hours per week, after school on Monday, Tuesday and Thursday from 16:00pm to 20:00pm and 12 hours per week flexible during school holidays.

An enhanced DBS will be pursued.

Rates of Pay: £13.00 per hour Monday to Friday, £15.00 per hour Saturday and Sunday. Interested?

Please call Jo Grayson, Senior Recruitment Assistant at Brownbill Associates Ltd on 01844 214669 for an application pack. Please quote reference: BAL/AB 05/17.

"Gender is considered to be a genuine occupational requirement in accordance with paragraph 1 of Schedule 9 of the Equality Act 2010" for a female worker to work with our client.

1) MAINTENANCE OPERATIVES SUPERVISOR – SOUTH LONDON

We want to recruit an experienced person to supervise our field based general trades maintenance staff

Purpose of Job

To ensure that the maintenance team are effectively managed & supported on a day to day basis to deliver a high standard of works & achieve the company's maintenance targets.

The successful candidate will;

- Have experience in the building trade & understand general trades
- Have experience in supervising & managing general trades maintenance staff
- Be an effective planner
- Be an effective supervisor
- Be hands on and be prepared to lead by example
- Be able to support & develop the existing team of tradesmen
- Have full UK driving licence

Salary negotiable depending on previous experience

2) LIVE IN CARETAKER – SOUTH LONDON

We want to recruit an experienced person as a live-in caretaker in Connect House.

Purpose of Job

To provide a high quality and effective maintenance & repairs service for Assetgrove properties.

The successful candidate will;

- Have experience as a caretaker
- Be an effective team player & accepting & offering advice & guidance as necessary
- Deliver a proactive maintenance schedule to maintain Connect House to the correct standard

The salary package includes: Accommodation in a flat, all utilities and council tax paid by the company, salary £15,000 per annum.

3) MAINTENANCE OPERATIVES/HANDYMEN – SOUTH LONDON

We are looking for experienced people to join our team in South London.

Purpose of Job

To provide a high quality and effective maintenance & repairs service for Assetgrove properties.

The successful candidate will;

- Have his Own vehicle, Basic tools, UTR number, CIS/National Insurance number.
- Be an effective team player & accepting & offering advice & guidance as necessary
- Undertake maintenance duties as required by the maintenance department.

If any of the job listings above sounds like a role for you please send your CV to: katerina@assetgrove.co.uk

Early Morning Cleaner required for a GP Surgery.

15 hours per week Mon - Fri
4.30 am - 7.30 am)

Location Stockwell SW9

References required plus a Criminal Record Check will be carried out
Salary £10 per hr

Closing date: 16th June 2017

To apply please email: helen.wellings@nhs.net

OUT OF WORK?

Ring

020 7738 2455

walter.coles@btinternet.com

Ring between
4.30pm to 6.30pm

**To advertise in the
services
section
Please contact**

**020
8768
4922**

Classified

Post: London Weekly News, Yeoman House, 63 Croydon Road, Penge, SE20 7TS

Email: classified@slp.co.uk

Telephone: 0208 768 4939

Legal Services

DEBT & BUSINESS RESCUE SOLUTIONS

- Trapped in a business lease you can't really afford?
- Creditors threatening you with County Court action?
- Got outstanding Tax, VAT, PAYE or CIS bills?
- You & your business struggling to stay afloat?

Not sure where to turn for help?

Call Us Today!

Watt & Co Accountants Ltd

☎ :020 8819 4859

Email us @ enquiries@wattandcoaccountants.co.uk

Articles for Sale

Corner Toilet, Cistern, and Soft Close Seat. Dual Flush. AAA Rated. White. New. No longer needed.

Suit That Awkward Space or for an En-Suite. Paid £240. Accept £90. Contact 07808-735689.

Wanted

RECORDS WANTED. LP ALBUMS / 7" SINGLES (45'S) / 12" SINGLES. Various types including REGGAE music. CALL BACK AVAILABLE. Tel. 07788 209990

To advertise in this section, please call **020 8768 4919**

Articles Wanted

OUT OF THE FLOOR RECORDS

25 Years in Camden NW1

RECORDS WANTED

REGGAE + ALL JAMAICAN MUSIC

(+60's, 70's Soul, Jazz, Boogie, Disco, Hip Hop, Etc.)

Forget the rest! We pay the best!! Cash Waiting!!

Jake 020 7485 9958 / 07961 315874

Home Services

Bricklaying

BRICKWORK

Extensions, Garden Walls, Paving, Steelwork, Pointing, Underpinning and All Structural Works

Call Malcolm McDonald

07876 508 357

020 8674 3023

macdon351@gmail.com

Gardening (Home Serv)

SE1 TREES & GARDENS

ALL LONDON & SURREY AREAS

- Tree, Hedge & Grass Cutting
- All Shrub Planting
- Garden Maintenance
- All Pressure Washing

Saturday & Sundays worked if required

Free Estimates

07974 478 038

simonpeel321@icloud.com

Kitchens & Bathrooms

KITCHEN & BATHROOM FULLY INSTALLED INCLUDING PLASTERING, FLOOR & WALL TILING, ALL ELECTRICAL WORKS.

- Free estimates • Reliable & Affordable
- Professional service • All work guaranteed

Call Lloyd 07757 529 051

info@osbourne-installations.co.uk

www.osbourne-installations.co.uk

YOUR LOCAL NEWSPAPER

BEST FOR NEWS, SPORT, JOBS, CARS & HOMES

Plumbing & Heating

ALL AROUND LONDON PLUMBING & HEATING SERVICES LTD

SPECIAL OFFERS

- Brand X Combi Boilers, fully fitted and supplied from £385
- Full Heating System fitted and supplied, consisting of Combi Boiler, Radiators, and Hot Water Tank.
- Seven Radiators (any size) up to 30,000 BTUs combined from £2900
- Bathrooms & Wet Rooms designed and installed fully tiled, including Electrical Work.
- Blockages: High Pressure Jetting, to clear blocked Drains, Sinks, Basins & Toilets.
- Electrician to install main Consumer Board & Fuses, Lights, Sockets & Spur Switches.

PHONE: 0207 181 3305 MOBILE: 07753209820
EMAIL: allaroundlondon@hotmail.co.uk

Skip Hire

Rubbish Clearance

Building Waste, Garden & House Clearance, Garages & all Electrical Items

07494 119 611
07900 467 898

Storage & Removals

MAN & VAN FOR HIRE

Any goods and rubbish taken Large or small From £30 07984 410 445

To advertise in the services section Please contact **020 8768 4920**

PYRAMID REMOVALS

VAN & 2 MEN

Reliable Service

House Clearance

Will Move Anything Anytime

Covers SE/SW Areas

07941 072 332

0208 309 7223

MR BEE REMOVALS

From £20 per hour

Reliable men with vans for removals. Single items to houses, flats, offices and clearance.

Anytime, anywhere.

(Separate van for rubbish clearance.)

Fully insured.

020 3302 2275

07773 673 535

info@mrbeeremovals.com

www.mrbeeremovals.com

To advertise in this section, please call **020 8768 4919**

Storage & Removals

Man and Van

All types of jobs and budgets Office & home removals Public liability insurance

Please call

07764 537007

man4van@outlook.com



To advertise in this section, please call **020 8768 4919**

Leisure

Car Boot Sales

BATTERSEA BOOT SALE

HARRIS ACADEMY

BATTERSEA PARK ROAD (A3205), SW11 5AP

EVERY SUNDAY AFTERNOON

1.30-5.00PM

OPEN RAIN OR SHINE

BUYERS ENTRY

1.30pm - 50p

BUYERS from 12pm - £3

SELLERS MUST BOOK IN ADVANCE

www.batterseaboot.com

24 HR INFO: 07941 383 588

Motors

Cars for Sale

Private Motors Advertisers



We can help you sell your car



Suzuki Grand Vitara 2.0 16v

2006 (56 reg)

3 months warranty

12 months MoT

Service history

Excellent bodywork

£2,995

From just £10 per week inc VAT for your advertisement to be seen in all of our publications

Suzuki Grand Vitara 2.0 16v

2006 (56 reg)

3 months warranty

12 months MoT

Service history

Excellent bodywork

£2,995

Call 020 8768 4920

Public Notices

MICHAEL LESLIE JOHN BECK

(Deceased)

Pursuant to the Trustee Act 1925 any persons having a claim against or an interest in the Estate of the above named, late of 12 Billing Road, Chelsea, London SW10 9JJ and Abbey Mill Farm, Dorkeswell Abbey, Honiton EX14 4RP, who died on 04/01/2017, are required to send written particulars thereof to the undersigned on or before 16/08/2017, after which date the Estate will be distributed having regard only to the claims and interests of which they have had notice.

Parker Bullen LLP,
45 Castle Street, Salisbury,
Wiltshire SP1 3SS.

DAVID SETTLE

(Deceased)

Pursuant to the Trustee Act 1925 any persons having a claim against or an interest in the Estate of the above named, late of BRIDGE HOUSE NURSING HOME, HIGH STREET, TWYFORD RG10 9AQ, Previous address 10 BOYNE TERRACE MEWS, LONDON W11 3LR, who died on 30/08/2016, are required to send written particulars thereof to the undersigned on or before 31/07/2017, after which date the Estate will be distributed having regard only to the claims and interests of which they have had notice.

ACKERS SOLICITORS,
5 LONDON ROAD, TWYFORD,
READING RG10 9EH.

To advertise in the services section

Please contact

020 8768 4920

Best for News, Sport, Jobs, Cars, Homes YOUR local newspaper

Local Planning Applications London Borough of Hammersmith & Fulham



PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS)

ACT 1990
I give notice that applications have been made to the Council of the London Borough of Hammersmith & Fulham as follows:
FOR DEVELOPMENT WHICH MAY AFFECT THE CHARACTER OR APPEARANCE OF A CONSERVATION AREA
Coda Studios 189 Munster Road London SW6 6AW
2017/01891/VAR

Removal of condition 12 (Commercial car parking) and 14 (parking of private motor vehicle) of planning application ref: 1987/00001/OUT granted 16th December 1987.

106 Bronsart Road London SW6 6AB **2017/01977/FUL**
Erection of a rear roof extension; installation of 2no. rooflights in the front roofslope; removal of part of the pitched roof of the back addition at second floor level to form a roof terrace enclosed with an obscured glazed balustrade; installation of a door to the rear elevation at second floor level in order to allow access to the proposed roof terrace; erection of a single storey rear extension to the side and rear of the existing back addition; formation of a roof terrace enclosed with an obscured glazed balustrade at first floor level to part of the roof the proposed single storey back addition; and installation of a door to replace existing window to the rear elevation at first floor level in order to allow access to the proposed roof terrace.

75 Ellerby Street London SW6 6EU **2017/01905/FUL**
Erection of rear extension at second floor level, over part of the existing back addition; installation of French doors and a Juliet balcony to replace window on existing rear roof extension; alterations to the rear elevation at first floor level with the installation of a bay window; erection of a single storey rear extension to the side and rear of the existing back addition; installation of a canopy over the side passage to the front elevation; and installation of a door to the side elevation at ground floor level.

47 Reporton Road London SW6 7JP **2017/02024/FUL**
Erection of a rear roof extension; erection of a rear extension at second floor level, on top of the existing back addition; and installation of 2no. rooflights in the front roofslope.

30 Larnach Road London W6 9NX **2017/01976/FUL**
Erection of a rear roof extension; installation of 3no. rooflights in the front roofslope; installation of a door with a Juliet balcony to replace existing window in the rear elevation at first floor level; and erection of a single storey rear extension, following the demolition of the existing ground floor rear extension.

220 Fulham Palace Road London W6 9NT **2017/02067/FUL**
Erection of a rear dormer roof extension; installation of two rooflights in the front roofslope and one rooflight in the side roofslope; erection of obscured glass screening around the flat roof at second floor level for use as a roof terrace in connection with the conversion of first and

second floors from 2 x 2 bedroom flats into 1 x studio flat and 2 x 2 bed flats.

5 Danehurst Street London SW6 6SA **2017/02134/FUL**
Erection of a front and rear roof extension; erection of a rear extension at second floor level, on top of existing back addition; erection of a single storey rear extension, to the side and rear of the existing back addition.

12 Tyrawayle Road London SW6 4QQ **2017/02048/FUL**
Excavation of the front and rear garden to form lightwells in connection with the creation of a new basement; erection of an external staircase from basement to garden level at the rear of the property; installation of 3no rooflights to replace the existing rooflights in the front roofslope; installation of 1no rooflight above the main flat roof at roof level.

76 Pennard Road London W12 8DS **2017/02101/FUL**
Erection of a rear roof extension; installation of 3no. rooflights in the front roofslope; erection of a two storey side rear extension at ground and first floor level; erection of a single storey rear extension following the demolition of the existing rear extension; all in connection with the conversion of the single family dwelling house into 2no. one bedroom self-contained flats and 2no. two bedroom self-contained flats.

2 - 4 North End Road London W14 0SH **2017/02076/FUL**
Installation of three new windows and a new door to rear elevation at ground floor level.

Flat D Third Floor 62 Addison Gardens London W14 0DP **2017/01477/FUL**
Retention of double glazed windows to third floor flat.
Former Dairy Crest Site Land Beneath And Bounded By Westway And West London Railway Line And Adjoining 58 Wood Lane London W12

2017/02033/FUL
Phased demolition of all buildings and structures within the red line boundary.

18 Harwood Terrace London SW6 2AB **2017/01892/FUL**
Erection of a rear roof extension including a hip to gable extension; installation of two rooflights in the front roofslope.

36 - 38 Goldhawk Road London W12 8DH **2017/01941/FUL**

Demolition of the existing buildings and erection of a new three storey building for use comprising of retail (Class A1) on the ground floor and with 5 x 1 bedroom self contained residential units on the first, second and third floor.

103 Fulham Palace Road London W6 8JA **2017/01962/FUL**

Change of use of first, second and third floors into an HMO (Class Sui Generis); erection of a rear roof extension, involving an increase in the ridge height; installation of 2no. rooflights in the front roofslope; erection of a rear extension at first floor level over part of the existing back addition.

Orchard Tavern 136 Askew Road London W12 9BP **2017/01599/ADV**

Display of 1no externally illuminated projecting sign to the corner elevation of the building fronting both Ashchurch Terrace and Ashchurch Grove elevations at first floor level; display of 1no.

non-illuminated fascia sign to replace the existing sign to the side elevation at second floor level; installation of 3no. non-illuminated signages onto the proposed awning to the front and side elevation of the awning.

27 Sherbrooke Road London SW6 7QJ **2017/01996/FUL**
Erection of a rear roof extension involving an increase in the ridge height; alterations to part of the roof of back addition to incorporate a flat roof and the

erection of privacy screen around the flat roof at second floor level to the rear elevation in connection with its use as a terrace; erection of a single storey rear extension to the side of the existing back addition; installation of a new window to replace the existing windows to the side of rear back addition at first floor level; conversion of the existing dwellinghouse into 2 x two bedroom self-contained flats.

Flat 6 139 New King's Road London SW6 4SL **2017/02115/FUL**

Replacement of existing metal window at second floor level on the front elevation with four leaf double glazed timber French window; replacement of existing metal casement window at second floor level on the front elevation with timber window.

59 Glenthorne Road London W6 0LJ **2017/02111/TPO**
Fell to ground level of a Sycamore tree (T1) in the rear garden, subject to Tree Preservation Order TPO/309/7/03.

Brookgreen House 4 Rowan Road London W6 7DU **2017/01900/FUL**

Erection of an additional floor at roof level; erection of front side infill extensions at ground, first and second floor levels; formation of a new front entrance at ground floor level; alterations to the external fenestration of the building to include the installation of new windows to replace the existing.

183 Hammersmith Grove London W6 0NP **2017/02005/FUL**

Erection of an extension at lower ground and upper ground floor level to the side of the main building; installation of a new door and window to replace the existing window to the side of the external staircase at the front of the property; installation of a new rooflight to replace the existing rooflights above the roof of the single storey back addition; installation of new doors to replace the existing doors at lower ground floor level to the rear elevation.

Flat Second Floor 223 North End Road London W14 9NP **2017/01835/FUL**

Erection of a rear extension at third floor level, on top of the existing back addition following the removal of existing roof terrace.

Garden Flat 39 Caithness Road London W14 0JA **2017/02047/FUL**

Erection of a single storey rear extension; installation of new windows to the side of the existing single storey back addition.

Camellia Cottage 1A Ceylon Road London W14 0PZ **2017/02090/FUL**

Installation of an air conditioning unit above the main flat roof at roof level.

34 Queensmill Road London SW6 6JS **2017/02092/FUL**
Raising the ridge height of the main roof by 120mm.
Unit 1026 Westfield London Shopping Centre Ariel Way London W12 7GA **2017/02104/ADV**

Display of 1no. internally illuminated fascia sign to replace existing, to existing shopfront; display of 1no. vinyl sign to replace existing, applied to existing canopy; and display of 1no. internally illuminated menu box sign attached to a totem structure to replace existing at the front of the premises.

Adjacent To Kensington Centre 66 Hammersmith Road London W14 8UD **2017/01947/ADV**

Erection of a free standing internally illuminated information board above the existing plaque on the raised flower bed in Lyons Walk.

93 - 95 Gunterstone Road London W14 9BT **2017/02043/VAR**

Variation of condition 2 to allow minor amendments to previously approved planning permission ref: 2013/05368/FUL granted 11th February 2014 for the 'Alteration to the front entrances of both 93 and 95 Gunterstone Road; alterations to form new dormer windows on the main rear roof slope of 93 Gunterstone Road; erection of a single storey rear extension at lower ground floor level to 93 Gunterstone Road, with the formation of a roof terrace on top with glazed balustrades and external alterations.' Amendments to the design of the fences to either side of the new ground floor terrace.

Hand And Flower 617 King's Road London SW6 2ES **2017/02054/VAR**

Variation of condition 2 of planning permission ref: 2016/00842/FUL granted 26th October 2016 to include: alterations to the pitch roof of the main roof at roof level.

58 Chesilton Road London SW6 5AB **2017/02053/FUL**
Excavation of front garden to form a lightwell, in connection with the enlargement of the existing basement; alterations to roof of the second floor back addition to increase ceiling height; erection of a single storey rear extension.

16 Ashcombe Street London SW6 3AN **2017/02096/FUL**
Erection of a front and rear roof extension, involving an increase in the ridge height; removal of part of the roof of back addition to form a roof terrace with railings at second floor level.

Threshold House 65 Shepherd's Bush Green London W12 8TX **2017/01898/FUL**

Demolition of existing buildings and erection of part 6, part 7 storey plus basement building for use as Class C1 Hotel; with ancillary restaurant (Class A3) and retail units (Class A1).

Samuel Lewis Trust Dwellings Lisgar Terrace London W14 8SE **2017/02084/VAR**

Minor-material amendment to Variation planning permission ref: 2015/00827/VAR granted 13.07.2015. Amendment to allow changes to the dwelling mix of units to the following 29 x 1 bedroom units(+17 units), 36 x 2 bedroom units (-6 units), 7 x 3 bedroom (-6 units); remove the 5 x

4 bedroom units (-5 units), total number of units will remain at 72 as approved of Phase 5 of Lisgar Terrace (Blocks C, D, E), creation of two roof terraces at 5th floor level on the flat roof between Blocks D and E.

102 North End Road London W14 9EX **2017/01987/ADV**
Display of externally illuminated fascia sign to the front elevation.
FOR CONSERVATION AREA CONSENT (DEMOLITION WORK) FOR LISTED BUILDING CONSENT
High Mistresses House Rowan Road Brook Green London W6 7BS **2017/02094/LBC**

Works of routine maintenance to cover leadworks, rainwater goods, external facade and asbestos flues.

Flat A Basement And Ground Floor 24 Angel Walk London W6 9HX **2017/01592/LBC**

Internal alterations to provide better care facilities for a disabled child to include adaptations to existing bathroom with removal of bath and installation of a level access shower; and installation of a stairlift to existing internal stairs from ground floor to basement level.

FOR DEVELOPMENT WHICH MAY AFFECT THE SETTING OR CONTEXT OF A LISTED BUILDING

21 Branksea Street London SW6 6TT **2017/02102/FUL**

Erection of a single storey rear extension to the side and rear of the existing back addition; and excavation of the front garden and part of the rear garden to form lightwells, in connection with the creation of a new basement.

Victoria House Becklow Road London W12 9HB **2017/02063/FUL**

Replacement of existing single glazed windows and doors with new double glazed windows and doors.

Anyone who wishes to make representations about these applications should do so by 27th June 2017. See below for ways of commenting on applications.

THE TOWN AND COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) ORDER 2013
NOTICES UNDER REGULATION 13
330 Wandsworth Bridge Road London SW6 2TZ **2017/01445/FUL**

I give notice that Mr Ali Hamandi is applying to HAMMERSMITH & FULHAM COUNCIL for planning permission to carry out the following development: Erection of a single storey rear extension; installation of a new shopfront; bricking up of the existing window and door to the side of the existing single storey back addition; installation of fresh air intake and extract ducts, 2no air conditioning units, cold room compressors at the rear of the property.

264 North End Road London SW6 1NJ **2017/02061/VAR**

I give notice that Mr Abdulah Ghani is applying to HAMMERSMITH & FULHAM COUNCIL for planning permission to carry out the following development: Variation of condition 5 of planning permission ref: 2014/04562/VAR granted 18th November 2014 to allow the premises to operate between 11:00 - 02:00 hours Sunday to Thursday, 11:00 - 04:00 hours on Friday and Saturday.

Threshold House 65 Shepherd's Bush Green London W12 8TX **2017/01898/FUL**

I give notice that Newco 8915 Ltd is applying to HAMMERSMITH & FULHAM COUNCIL for planning permission to carry out the following development: Demolition of existing buildings and erection of part 6, part 7 storey plus basement building for use as Class C1 Hotel; with ancillary restaurant (Class A3) and retail units (Class A1). The proposal constitutes a major development.

Samuel Lewis Trust Dwellings Lisgar Terrace London W14 8SE **2017/02084/VAR**

I give notice that Mr Cragg is applying to HAMMERSMITH & FULHAM COUNCIL for planning permission to carry out the following development: Minor-material amendment to Variation planning permission ref: 2015/00827/VAR granted 13.07.2015. Amendment to allow changes to the dwelling mix of units to the following 29 x 1 bedroom units(+17 units), 36 x 2 bedroom units (-6 units), 7 x 3 bedroom (-6 units); remove the 5 x 4 bedroom units (-5 units), total number of units will remain at 72 as approved of Phase 5 of Lisgar Terrace (Blocks C, D, E), creation of two roof terraces at 5th floor level on the flat roof between Blocks D and E.

The proposal constitutes a major development.

Anyone who wishes to make representations about these applications should do so by 27th June 2017. See below for ways of commenting on applications.

Signed: **JO ROWLANDS**
Regeneration, Planning and Housing Lead Director on behalf of HAMMERSMITH & FULHAM COUNCIL

You can view applications, make comments and monitor their progress on our website: www.lbhf.gov.uk/planning. Click on the 'Planning Online' logo on the Planning Home Page.

You can also E-mail comments to: plancomments@lbhf.gov.uk

You can also inspect details of applications using computers at our office **RECEPTION FIRST FLOOR HAMMERSMITH TOWN HALL EXTENSION KING STREET W6** between 9.00am and 5.00pm, Monday to Friday, excluding public holidays. If you want to make comments on applications please E-mail them through our website or post them to **DEVELOPMENT MANAGEMENT SERVICE PLANNING AND DEVELOPMENT DEPARTMENT TOWN HALL KING STREET W6 9JU** by the date shown above. Please include the application reference number and the name of the planning officer. We will try to consider any representations received after the date indicated but this cannot be guaranteed so please reply promptly. For initial enquiries call our information and reception service on **020 8753 1081** or **020 8753 1082**.



Send us your comments about planning applications via our website: www.lbhf.gov.uk/planning

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Tuesday, June 6, 2017

● email paul.lagan@slp.co.uk

Blues target Bale in swap for Hazard



This week at STAMFORD BRIDGE

BY PAUL LAGAN

paul.lagan@slp.co.uk

Gareth Bale is in Chelsea's sights as the Premier League winners seek to reinforce their squad with world-class quality in a bid for Champions League glory next season.

The Welsh wizard who picked up his third Champions League medal in Real Madrid's 4-1 demolition of Juventus on Saturday would cost the west Londoners a world-record £100million.

But the Blues are cash-rich having accrued almost £93million from sales last season – with Oscar's £60million move to Shanghai SIPG FC in January making the biggest contribution to that cash pot.

Technical director Michael Emanalo and the football board will be mulling over weekend comments from star midfielder Eden Hazard that he would listen to offers if Real Madrid came calling.

The Spanish giants have wanted Hazard, who fractured his ankle while training on international duty at the weekend and who will be out of action for two months, for a couple of years, and now feel the Belgium skipper has matured as a person and more importantly as a player from his time at Stamford Bridge.

The Chelsea Player of the Year still has a couple of years left on his contract, but the club have yet to start negotiations on a new one.

It's believed Hazard's agents are looking at a £300,000 a week deal for him to stay at SW6.

If the Blues decide to cut their losses on Hazard, they could do it cheaply and go down the route of a straight swap with Bale coming the other way.

From a financial point of view this would suit both clubs.

Chelsea could then be free to splash the cash on the their second attempt to prise back striker Romulu Lukaku from Everton.

Last season's failed attempt has simply upped the price Everton can put on the Belgium striker's head with £85million a starting point if, as expected Manchester United enter the market for the hitman.

The Blues could then find themselves in a bidding war.

United's first choice transfer target Antoine Griezmann has stated he will remain at Atletico Madrid for one more season, thus forcing United to look elsewhere to replace Wayne Rooney who is expected to exit Old Trafford when the transfer window opens on July 1.

Chelsea are also expecting Real Madrid to attempt to prise away goalkeeper Thibaut Courtois, while the future of striker Diego Costa remains a doubt.

Costa has ruled out a mega-bucks move to China as he says he wants to play for Spain in next year's World Cup and that he would only leave Chelsea for Atletico Madrid. But with the Spanish club suffering a transfer ban until January, that move won't happen in the coming season.

The Blues may cut their losses with £32million Belgian striker Michy Batshuayi and attempt to replace him with Celtic France hotshot, Moussa Dembele.

John Terry is still looking for a new club after leaving the Blues at the end of the season - he has had no joy with talks with Brighton & Hove Albion - his demand for a £100,000 a week, two-year deal was rebuffed by the Premier League new boys.

● Chelsea Ladies have finished off the FA Women's Super League Spring Series in style at the weekend, beating Birmingham City 2-0 away and snatching the league title on goal difference from Manchester City.

Goals from Karen Carney and Fran



Chelsea Ladies boss Emma Hayes



Triple Champions League winner Gareth Bale is a target for Antonio Conte. Inset, Eden Hazard could be heading in the other direction

Kirby secured the three points.

The women's elite football season starts in tandem with the men's in the autumn from their previous summer season, and the Spring Series was a bridging tournament, but winning and recognition for her team's achievements is all Chelsea Ladies manager Emma Hayes cares about.

She said: "We are now the top team in the country, that is a fact. We've won the Spring Series and the team deserves a bit of recognition, which sometimes we don't get."

"I hope they do now. We've brought new players into the club who have bought into our way of thinking and they've added more quality."

"The players who were already here have pushed on another level, we've improved their fitness, and mentally we've gone to a new place."

"For us to come back here, where

we lost the Women's FA Cup semi-final in April, and control the game without there being too many chances against us is a sign of that."

"We've improved with every game and in attack we've shown we've got a number of different goalscorers who can do it a number of different ways."

"The title win was built on the team ethic. We've spent the spring talking about developing champions, and that can only be done every day on the training pitch."

● Martel Taylor-Crossdale notched a spot kick goal as England U-20s progressed to the semi-final of the Toulon tournament with a 2-0 victory over Japan on Sunday.

Also in the starting line-up was Chelsea's Tariq Ukwakwe while Reece James came on as a substitute.

Josh Grant and Ike Ugbo were unused substitutes.

Rangers and Brighton vie for McDonald

Focus on Craven Cottage



Kevin McDonald

BY PAUL LAGAN

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Kevin McDonald is in a tug of war between Scottish side Rangers and Premier League new boys Brighton for his signature.

Midfielder, 28 might see a chance to move back to his homeland, he was born in Carnoustie, as a way for forcing himself into the national side.

Both are expected to put in a £2million bid for the player who is contracted to Craven Cottage until 2019.

Tom Cairney has won Fulham's Player of the Year award for this season.

Following up from last season's runners-up spot, the midfield maestro went one better this term with almost 50 per cent of the vote.

The English-born Scotland international, 26, said: "It was an amazing season for me personally and the stand out season of my career so far, but it helped that I had such good players around me, and a manager and staff that believed in the way I love to play football."

"I feel that we played the best football in the Championship last season, and I'm sure everyone enjoyed watching the Fulham they know return."

Two young Whites will be featuring for England in July. Ryan Sessegnon, who is interesting a number of top sides, including Manchester United and Tayo Edun will fly out to a training camp Murcia in Spain this week to join the U-19 squad ahead of the summer's Euros.

Their first game is against Bulgaria in Tblisi on July 3 then Holland on July 6th. The final group match is on July 9 against Germany.

QPR goalkeeper Alex Smithies could be heading back to his hometown club Huddersfield Town in a

that could see out of contract stopper Shay Given move to Loftus Road.

The Terriers won promotion to the Premier League in a play-off final victory at Wembley last week and the chance to play in the top flight could seriously tempt Smithies and QPR who could fall foul of the Financial Fair Play regulations.

Given, 41 and just released by Stoke City is not keen to hang up his gloves yet.

He said: "I do feel I could go on for another year, be it as a number two or three in the Premier League, or number one in the Championship."

Send in your sports news and pictures to paul.lagan@slp.co.uk